## GoWell

INTERVIEWER ID

INTERVIEW DATE

INTERVIEW TIME (USE 24 HOUR CLOCK)
$\qquad$ HRS $\qquad$ MINS

| INT. DAY <br> (CIRCLE ONE) | MON TUE WED THUR FRI SAT | SUN |
| ---: | :--- | :--- | :--- | :--- | :--- | :--- |
| INTERVIEW |  |  |
| INEFERENCE NUMBER: |  |  |

## INFORMATION ABOUT THE LOCATION AND DWELLING

A SAMPLE AREA/SUB AREA
SINGLE CODE ONLY

| Calton | $\square a_{01}$ |
| ---: | :--- |
| Gallowgate | $\square$ |
| Camlachie | $\square$ |
| Parkhead | $\square$ |
| Dalmarnock | $\square$ |
| Bridgeton | $\square$ |

B What floor does respondent live on?
CODE AND SINGLE CODE ONLY
IF THE HOME HAS MORE THAN ONE FLOOR, SELECT THE LOWEST LEVEL FLOOR CONTAINING THE LIVING ROOM (OR, IF THERE IS NO LIVING ROOM, THE MAIN LIVING AREA). I.E. NOT
INCLUDING STORAGE CELLARS.


WRITE IN FLOOR NUMBER i.e. FIRST FLOOR =
FLOOR 'I', SECOND FLOOR = FLOOR '2' AND SO
ON

C What type of dwelling does the respondent live in? CODE AND SINGLE CODE ONLY


## INTERVIEWER RECORD START TIME 24 hours



Many of the questions I am going to ask you have a choice of answers. Please always pick the one that is closest to what you believe.

## YOUR HOUSEHOLD

READ OUT: I'd like to begin by asking you some questions about you and anyone you share your home with. You don't have to give me their names but would help if you can give me their initials, so that I can make sure I am asking questions about the right person.

I a How many people live here including you? CIRCLE AS APPROPRIATE and ENTER INITIALS IF more than 9 occupants, omit youngest

Initials:


Ih SHOWCARD 2.
Which of these best describes ... current position?
ASK FOR ALL IN HH AGED 16+. ACCEPT ONLY ONE ANSWER PER HH MEMBER. IF THEY ARE UNSURE, CODE THE OPTION WHICH OCCUPIES MOST OF HH MEMBERS TIME.
FULL TIME PAID WORK IS $30+$ HOURS. CODE 09 IF IN FULL TIME EDUCATION, EVEN IF ALSO WORKING
$\left.\begin{array}{rr|l|l|l|l|l|l}\hline \text { Full-time paid work (including self-employed) } & 01 & 01 & 01 & 01 & 01 & 01 & 01\end{array} 01 \begin{array}{l}01 \\ \hline \text { Part-time paid work (including self-employed) } \\ \text { Government or other training scheme }\end{array}\right)$

## YOUR HOME

2 Which of the following best describes how you occupy your home? READ OUT OPTIONS - SINGLE CODE

|  | Rented from housing association / council | $\square 0$ |
| :---: | :---: | :---: |
| SHOWCARD 3 | Rented from private landlord | $\square_{02}$ |
|  | Own my own home (includes mortgage) |  |
|  | Other (PLEASE SPECIFY | $\square{ }_{95}$ |

3 How long in total have you lived in.....?


4 How would you rate your current home in terms of its overall physical condition?
READ OUT OPTIONS - SINGLE CODE - DO NOT READ OUT 99 - 'Don't know'

| SHOWCARD 4 | Very good | Fairly good | Neither good nor poor | Fairly poor | Very poor | $\begin{aligned} & \text { Don't } \\ & \text { know } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\square{ }_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | ${ }_{05}$ | $\square_{99}$ |

5 How much do you agree or disagree with the following statements? READ OUT OPTIONS - SINGLE CODE FOR EACH - DO NOT READ OUT 99 - 'Don't know'

| SHOWCARD 5 | Strongly <br> agree | Agree | Neither agree <br> nor disagree | Disagree | Strongly <br> disagree | Don't <br> know |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I feel in control of my home | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square_{9}$ |
| My home makes me feel that l'm <br> doing well in my life | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square \square_{9}$ |

6 READ OUT: How would you rate the quality of the following services in or near your local area?


## YOUR NEIGHBOURHOOD or LOCAL AREA

READ OUT: Now I am going to ask you about your local neighbourhood.
By neighbourhood, I mean the local area within a 5 to 10 minute walk from your home.

7 How satisfied or dissatisfied are you with this neighbourhood as a place to live?
READ OUT OPTIONS - SINGLE CODE FOR EACH - DO NOT READ OUT 99 - 'Don't know'

| SHOWCARD 7 | Very satisfied | $\square_{01}$ |
| :--- | :--- | :--- |
| Fairly satisfied | $\square_{02}$ |  |
| Neither satisfied nor dissatisfied | $\square{ }_{00}$ |  |
| Fairly dissatisfied | $\square{ }_{004}$ |  |
| Very dissatisfied | $\square_{05}$ |  |
| Don't know | $\square_{99}$ |  |

8 How much do you agree or disagree with the following statements? READ OUT OPTIONS - SINGLE CODE FOR EACH- DO NOT READ OUT 99 - 'Don't know'


9 Could you tell me whether you think that each of the following things is a serious problem, a slight problem or not a problem in your local neighbourhood?
READ OUT OPTIONS - SINGLE CODE FOR EACH - DO NOT READ OUT 99 - 'Don't know'


I 0 How would you rate the quality of your neighbourhood in terms of the following things...?
READ OUT OPTIONS - SINGLE CODE FOR EACH- DO NOT READ OUT 99 - 'Don't know'

| SHOWCARD 10 | Very <br> good | Fairly <br> good | Neither good <br> nor poor | Fairly <br> poor | Very <br> poor | Don't <br> know |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Attractive buildings | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square$ |
| Attractive environment | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square_{99}$ |

I I How safe would or do you feel walking alone in this neighbourhood after dark?
READ OUT OPTIONS ( 1 -5) - SINGLE CODE FOR EACH

## SHOWCARD II

IF RESPONDENT:

- STATES THAT NEVER WALKS ALONE AFTER DARK, CODE 06
INTERVIEWER BRIEFING NOTE: IF RESPONDENT:
- IS NOTICEABLY DISABLED AND CANNOT WALK, AUTOMATICALLY CODE 06


I 2 How much would you say the crime rate in your local area has changed since two years ago? Would you say there is more, less or about the same amount of crime?


I 3 To what extent do the following apply to you?
READ OUT OPTIONS - SINGLE CODE FOR EACH

| SHOWCARD 12 |  | $\begin{gathered} \text { A } \\ \text { great } \\ \text { deal } \end{gathered}$ | A fair amount | Not very much | Not at all |
| :---: | :---: | :---: | :---: | :---: | :---: |
| A | I feel part of the community | $\square_{01}$ | $\square_{02}$ | $\square 0$ | $\square_{04}$ |
| B | I visit neighbours in their home | $\square_{01}$ | $\square \square_{02}$ | $\square_{03}$ | $\square 0$ |
| C | I stop and talk to people in my neighbourhood | $\square_{01}$ | $\square_{02}$ | $\square \square_{03}$ | $\square 0$ |
| D | I feel proud of this local area | $\square_{01}$ | $\square_{02}$ | $\square \square_{03}$ | $\square \square_{04}$ |
| E | I feel proud of the city of Glasgow | $\square_{01}$ | $\square_{02}$ | $\square \square_{03}$ | $\square 0$ |

I 4 Has this area got better or worse to live in over the last three years? READ OUT OPTIONS - SINGLE CODE- DO NOT READ OUT 99- 'Don't know'

|  | The area has got better | $\square_{01}$ |
| :---: | :---: | :---: |
| INTERVIEWER NOTE <br> IF RESPONDENT SAYS THEY HAVEN'T LIVED IN THE AREA THAT LONG, | The area has stayed the same | $\square_{02}$ |
| THEN ASK THEM TO CONSIDER SINCE THEY MOVED TO THE AREA | The area has got worse | $\square_{03}$ |
|  | Don't know | $\square 9$ |

I 5 Thinking about how often you personally contact your relatives and friends (not counting the people you live with), how often do you do any of the following?
READ OUT OPTIONS - SINGLE CODE FOR EACH- DO NOT READ OUT 99 - 'Don't know'

| SHOWCARD 13 |  | Most days | Once a week or | Once or twice a | Less often than |  | Don't |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | Meet up with relatives | 01 | 02 | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | 9 |
| B | Meet up with friends | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square 9$ |

I 6 Thinking now about your relatives, friends and neighbours, again not counting those you live with, can you tell me around how many people you could ask to give you advice and support in a crisis? READ OUT OPTIONS - SINGLE CODE - DO NOT READ OUT 99 - 'Don't know'


## YOUR HEALTH and WELLBEING

READ OUT: I am now going to ask you some questions about your health and your general wellbeing. I would just like to remind you that all the information you give in this and the other sections of this questionnaire will be treated completely confidentially.

I 7 In general, would you say your health is...?
READ OUT OPTIONS - SINGLE CODE


I Now I'm going to ask you about a couple of activities that you might do during a typical day. Does your health now limit you a lot, a little or not at all in doing these activities?
INTERVIEWER NOTE:

- IF CLAIM NOT TO DO ACTIVITY THEN ASK: Is this because of your health?
- IF YES, PROBE FOR WHETHER HEALTH LIMITS A LOT OR A LITTLE AND CODE ACCORDINGLY. READ OUT OPTIONS - SINGLE CODE FOR EACH
SHOWCARD 14

Yes, limited a
lot

$\square_{01}$
$\square_{02}$ $\square$

READ OUT: I'm now going to ask you about your physical and emotional health in the past four weeks and the effect of these on your daily activities.

I 9 During the past four weeks how much of the time have you .... READ OUT OPTIONS(A-D) - SINGLE CODE FOR EACH

## SHOWCARD 15

A Accomplished less than you would like as a result of your physical health Been limited in the kind of work or
B other regular daily activities you do as a result of your physical health
Accomplished less than you would like
C as a result of any emotional problems, such as feeling depressed or anxious Done work or other regular daily
D activities less carefully than usual as a result of any emotional problems, such as feeling depressed or anxious


20 Still thinking about the past four weeks, how much did pain interfere with your normal work, including both work outside the home and housework?

READ OUT OPTIONS - SINGLE CODE FOR EACH


READ OUT: The next questions are about how you feel and how things have been with you during the past four weeks.

21 How much of the time during the past four weeks (have you) ...? READ OUT OPTIONS (A-D) - SINGLE CODE FOR EACH

```
SHOWCARD 15
```

| All <br> of the <br> time | Most <br> of the <br> time | Some <br> of the <br> time | A little <br> of the <br> time | None <br> of the <br> time |
| :--- | :--- | :--- | :--- | :--- |
| $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ |
| $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ |
| $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ |
| $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | problems interfered with your social activities, like visiting friends, relatives


| A | Felt calm and peaceful |
| ---: | ---: |
| B | Had a lot of energy |
| C | Felt downhearted and depressed |
| D | Has your physical health or emotional <br> problems interfered with your social <br> activities, like visiting friends, relatives |

Do you have any longstanding illness, disability or infirmity? ('Longstanding' means anything that has troubled you or is likely to affect you, over a period of time).
SINGLE CODE FOR EACH


23 In the last $\mathbf{1 2}$ months have you spoken to your GP or other health professional about feeling stressed, anxious or depressed?

SINGLE CODE FOR EACH


24 Below are some statements about feelings and thoughts. Tell me the frequency with which each describes your experience over the last 2 weeks.
READ OUT OPTIONS - SINGLE CODE FOR EACH

| SHOWCARD 16 |  | All of the time | Often | Some of the time | Rarely | Never |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | l've been feeling optimistic about the future | $\square$ | $\square$ | $\square \square_{03}$ | $\square_{04}$ | $\square$ |
| B | l've been feeling useful | $\square$ | $\square \square_{02}$ | $\square \square_{03}$ | $\square \square_{04}$ | $\square \square_{05}$ |
| C | l've been feeling relaxed | $\square$ | $\square$ | $\square$ | $\square_{04}$ | $\square_{05}$ |
| D | I've been dealing with problems well | $\square$ | $\square \square_{02}$ | $\square \square_{03}$ | $\square \square_{04}$ | $\square$ |
| E | l've been thinking clearly | $\square 0$ | $\square \square_{02}$ | $\square \square_{03}$ | $\square$ | $\square$ |
| F | l've been feeling close to other people | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| G | l've been able to make up my own mind about things | $\square_{0}$ | $\square \square_{02}$ | $\square \square_{03}$ | $\square \square_{04}$ | $\square \square_{05}$ |

READ OUT: I would now like to ask you some questions about things that may affect your health, like smoking, drinking and life-style.

25 Do you, or have you ever, smoked?
READ OUT OPTIONS - SINGLE CODE

| INTERVIEWER NOTE: IF ASKED THIS REFERS TO ANY KIND OF TOBACCO SMOKING, INCLUDING CIGARETTES, ROLL UPS, PIPE TOBACCO OR CIGARS | I smoke daily | $\square_{01}$ | 126 |
| :---: | :---: | :---: | :---: |
|  | I smoke occasionally now but not every day | $\square_{02}$ | 126 |
|  | I've smoked in the past but not now | $\square$ | $\rightarrow 28$ |
|  | I've never smoked | $\square_{04}$ | $\rightarrow 28$ |

26 Have you changed your smoking habits over the past 2 years?
READ OUT - SINGLE CODE ONLY- DO NOT READ OUT 99 - 'Don't know' OR 98 'Refused'

| Yes, I smoke more now | $\square_{01}$ |
| ---: | :--- |
| Yes, but I now smoke less | $\square_{02}$ |
| No, I still smoke around the same amount | $\square_{03}$ |
| Not sure | $\square_{99}$ |
| Refused | $\square_{98}$ |

27 Which of the following phrases on this card best describes your future smoking habits?
READ OUT - SINGLE CODE


| SHOWCARD 17 | Never | $\square_{01}$ |
| ---: | :--- | :--- |
| Less than once a month | $\square_{02}$ |  |
| More than once a month but not weekly | $\square_{03}$ |  |
| I-2 days per week | $\square_{04}$ |  |
| 3-5 days per week | $\square_{05}$ |  |
| 6-7 days per week | $\square_{06}$ |  |
| Refused | $\square_{98}$ |  |

29 Have you changed your drinking habits over the past 2 years? READ OUT - SINGLE CODE ONLY - DO NOT READ OUT 99 'Not sure' OR 98 'Refused'

| Yes, I drink more now | $\square \square_{01}$ |
| :---: | :---: |
| Yes, I now drink less than I used to (includes those who have given up in the last 2 years) | $\square_{02}$ |
| No, I still drink around the same amount (include those who have not drunk alcohol for at least 2 years) | $\square \square_{03}$ |
| Not sure | $\square_{9}$ |
| Refused | $\square_{9}$ |

## 30 INTERVIEWER NOTE: Only ask if currently drinks alcohol. <br> Which of the following statements best describes your future drinking habits? <br> READ OUT - SINGLE CODE ONLY

| I intend to reduce the amount I drink over the next six months | $\square{ }_{01}$ |
| :---: | :---: |
| I intend to reduce the amount I drink but NOT over the next six months | $\square 0$ |
| I do not intend to reduce the amount I drink | $\square \square_{03}$ |

3 | How often Per Day do you usually eat items of fruit as a snack? WRITE NUMBER IN BOX - If LESS THAN ONE, code as ' 0 ' - IF DON'T KNOW code as 99

32 How often Per Day do you usually eat items such as cakes, pastries, chocolate, biscuits and crisps?
WRITE NUMBER IN BOX - If LESS THAN ONE, code as '0' - IF DON'T KNOW code as 99


33 How many fizzy drinks do you usually consume Per Day? WRITE NUMBER IN BOX - If LESS THAN ONE, code as 'O' - IF DON' KNOW code as 99 $\square$
NOTE FOR FIELDWORKERS: Mixers included - Does NOT include beer or cider
I unit $=330 \mathrm{ml}$, or approximately 'a can', 'small bottle' or 'half pint.'
3 units $=1$ litre

34 On how many of the last 7 days did you eat any of your main meals from a take-away or fast-food seller?

READ OUT - SINGLE CODE ONLY


## PHYSICAL ACTIVITY

READ OUT: Thinking about the physical activities you do as part of your work, at home, getting from place to place, and in your spare time for recreation, exercise or sport. Think only about those activities you did for at least 10 minutes at a time.

NOTE: IF RESPONDENT IS NOTICEABLY DISABLED AND CANNOT WALK, AUTOMATICALLY CODE (none) FOR THIS SECTION.

35a
During the past 7 days, on how many days did you do VIGOROUS physical activities like heavy lifting, digging, aerobics, fast cycling or fast swimming? SINGLE CODE ONLY

| None | I <br> day | 2 <br> days | 3 <br> days | 4 <br> days | 5 <br> days | 6 <br> days | 7 <br> days |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square_{01}$ <br> $\rightarrow 36 a$$\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square_{06}$ | $\square_{07}$ | $\square_{08}$ |  |

35b
How much time did you usually spend doing VIGOROUS physical activities on ONE of those days?


WRITE NUMBER IN BOX - Convert hours to minutes e.g 1.5 hours $=90$ minutes

36 During the past 7 days, on how many days did you do MODERATE physical activities like carrying light loads, sweeping, or bicycling or swimming at a regular pace? DO NOT INCLUDE WALKING. SINGLE CODE ONLY

| None | $\begin{gathered} \text { I } \\ \text { day } \end{gathered}$ | $\begin{gathered} 2 \\ \text { days } \end{gathered}$ | $\begin{gathered} 3 \\ \text { days } \end{gathered}$ | $\begin{gathered} 4 \\ \text { days } \end{gathered}$ | $\begin{gathered} 5 \\ \text { days } \end{gathered}$ | $\begin{gathered} 6 \\ \text { days } \end{gathered}$ | $\begin{gathered} 7 \\ \text { days } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square$ 01 <br> $\downarrow$ 37a | $\begin{aligned} & \square_{02} \\ & \\ & 366 \end{aligned}$ | $\begin{aligned} & \square_{03} \\ & \end{aligned}$ | $\begin{aligned} & \square_{04} \\ & \\ & \text { 26 } \end{aligned}$ | $\begin{aligned} & \square_{05} \\ & \\ & \text { an } \end{aligned}$ | $\square_{06}$ | $\square_{07}$ | $\square_{08}$ |

36b How much time did you usually spend doing MODERATE physical activities on ONE of those days?
WRITE NUMBER IN BOX - Convert hours to minutes e.g 1.5 hours $=90$ minutes

37 a During the past 7 days, on how many days did you WALK for at least 10 minutes at a time? SINGLE CODE ONLY


37b How much time did you usually spend walking on ONE of those days?
WRITE NUMBER IN BOX - Convert hours to minutes e.g 1.5 hours $=90$ minutes
Minutes per day

38 During the past 7 days, on how many days did you walk for more than $\mathbf{2 0}$ minutes at a time in your local neighbourhood : SINGLE CODE ONLY


## SPORTS \& OTHER ACTIVITIES

39 I am now going to ask you about taking exercise. Exercise is any activity which you do to improve your health and fitness. This can include walking where you have decided to do it for health or fitness reasons.
Which of these statements best describes your behaviour just now? READ OUT OPTIONS - SINGLE CODE

| I currently do not exercise and $I$ do not intend to start in the next six months | $\square_{01}$ |
| :---: | :---: |
| I currently do not exercise but am thinking about starting to exercise in the next six months | $\square_{02}$ |
| I currently exercise a bit but not weekly | $\square_{03}$ |
| I currently exercise weekly but have only begun to do so in the past six months | $\square_{04}$ |
| I currently exercise weekly and have done so for longer than six months | $\square_{05}$ | have done in the last 4 weeks?

b If yes, was this as a member of a club?

|  | (A) TICK ALL ACTIVITIES THAT APPLY $\downarrow$ |  | (B) AS A MEMBER OF A CLUB? $\downarrow$ |  |
| :---: | :---: | :---: | :---: | :---: |
| A | Aerobics / Keep Fit / Gymnastics / Dance (for fitness) | $\square \square_{01}$ | YES $\square$ | NO |
| B | Badminton / tennis | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| C | Cycling | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| D | Dancing (other types) | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| E | Exercises (e.g. press-ups, sit-ups) | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| F | Football / rugby | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| G | Gym (workout) / Exercise Bike / Weight Training | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| H | Running / jogging | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| I | Squash | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| J | Swimming | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| K | Athletics | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| L | Aquarobics / Aquafit / Exercise Class in Water | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| M | Basketball | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| N | Bowls | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| 0 | Boxing | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| P | Canoeing / Kayaking | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| Q | Climbing | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| R | Cricket | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| S | Curling | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| T | Fishing / Angling | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| U | Golf | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| V | Hillwalking / Rambling | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| W | Hockey | $\square \square_{01}$ | $\square 0$ | $\square \square_{02}$ |
| $\mathbf{X}$ | Horse riding | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| Y | Ice skating | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| $\mathbf{Z}$ | Martial arts (including Tai Chi) | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AA | Netball | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AB | Powerboating / Jet skiing | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AC | Rowing | $\square \square_{01}$ | $\square 01$ | $\square \square_{02}$ |
| AD | Sailing / Windsurfing | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AE | Shinty/ Gaelic football | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AF | Skateboarding / Inline skating | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AG | Snooker / Billiards/pool | $\square \square_{01}$ | $\square 01$ | $\square \square_{02}$ |
| AH | Skiing / Snowboarding | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AI | Subaqua | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AJ | Surfing / Body boarding | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AK | Table tennis | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AL | Tenpin bowling | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AM | Volleyball | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AN | Waterskiing | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AO | Yoga / Pilates | $\square \square_{01}$ | $\square \square_{01}$ | $\square \square_{02}$ |
| AP | Other <br> (PLEASE SPECIFY) | $\square \square_{95}$ | $\square \square_{01}$ | $\square \square_{02}$ |

4 | Looking at this card, are there any particular reasons why you haven't done any/more sport in the past 4 weeks?
READ OUT OPTIONS - CODE ALL THAT APPLY
SHOWCARD 18

| A | It costs too much | $\square_{01}$ | H | I might feel out of place |
| :--- | ---: | :--- | :--- | :--- |$\square_{01}$

42a How often do you use or go to any of the following facilities?
b If yes, was that in the East End?

| SHOWCARD 19 |  | Never use | Once/ A few times a year | About once a month$\square$$\square$ | At least once a week$\square$ | (B) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | Park, green area, sports field or play area | $\square_{01}$ |  |  |  | If answered 2-4 | $\square{ }_{0}$ |
| B | River, loch, canal, beach or sea-shore | $\square$ | $\square$ | $\square \square_{03}$ | $\square$ | Ask-in Easted End? | $\square \square_{05}$ |
| C | Woodland, forest or the countryside | $\square$ | $\square$ | 03 | $\square$ | Ask-in Eased End? | $\square \square_{05}$ |
| D | Pub/Social club | $\square$ | $\square$ | $\square \square_{03}$ | $\square$ | Aske in enered End? | $\square \square_{05}$ |
| E | Community centre | $\square$ | $\square$ | $\square$ | $\square$ | Ask-in Eased End? | $\square$ |
| F | Sports hall, gym or fitness centre | $\square$ | $\square \square_{02}$ | $\square \square_{03}$ | $\square$ | Askk ins eared End? | $\square \square_{05}$ |
| G | Swimming pool | $\square \square_{01}$ | $\square \square_{02}$ | $\square \square_{03}$ | $\square \square_{04}$ | Ask-in Easted End? | $\square \square_{05}$ |

43 In the last $\mathbf{I} 2$ months how often have you been to any of these events or places?
READ OUT OPTIONS - SINGLE CODE ON EACH LINE

| SHOWCARD 19 |  | Once/ A <br> never <br> use times <br> a year | About <br> once a <br> month | At least <br> once a <br> week |
| :--- | ---: | ---: | :--- | :--- |
| A | Cinema | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ |
| B | Library | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ |$\square_{04}$

44 In the last $\mathbf{I} 2$ months how often have you done any of these activities?
READ OUT OPTIONS - SINGLE CODE ON EACH LINE


## GROUP AND VOLUNTARY ACTIVITY

45 In the past $\mathbf{I} 2$ months, have you been involved with any of the groups listed on the showcard?

## SHOWCARD 20

READ OUT OPTIONS - CODE ALL THAT APPLY
A
B
C
$\begin{array}{ccc}\text { D } & \text { Groups for children or young people } & \square_{01} \\ \text { E } & \text { Adult education groups } & \square_{01} \\ \text { F } & \text { Groups for older people } & \square_{01}\end{array}$


H

| Environmental or wildlife groups | $\square_{01}$ |
| :--- | :--- |
| Health, welfare, disability groups | $\square_{01}$ |

Health, welfare, disability groups $\quad \square_{01}$


46b Was your voluntary work connected to any of the following areas? READ OUT OPTIONS - CODE ALL THAT APPLY

| $\mathbf{A}$ | The Community | $\square_{01}$ | $\mathbf{H}$ | The Environment | $\square_{01}$ |
| :--- | ---: | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{B}$ | Young people | $\square_{01}$ | $\mathbf{I}$ | The Arts | $\square_{01}$ |
| $\mathbf{C}$ | Older people | $\square_{01}$ | $\mathbf{J}$ | Museums or Galleries | $\square_{01}$ |
| $\mathbf{D}$ | The Commonwealth Games 2014 | $\square_{01}$ | $\mathbf{K}$ | Heritage or Conservation | $\square_{01}$ |
| $\mathbf{E}$ | Other sports activities | $\square_{01}$ | $\mathbf{L}$ | Libraries or Archives | $\square_{01}$ |
| $\mathbf{F}$ | Animals or Wildlife | $\square_{01}$ | $\mathbf{M}$ | Schools or education | $\square_{01}$ |
| $\mathbf{G}$ | Church or Religious group | $\square_{01}$ |  | Health or mental health | $\square_{01}$ |
|  |  |  |  | Other (specify): | $\square_{95}$ |

## MODES OF TRAVEL

47 a. What is the MAIN MODE you use to travel to work or college?
b. Do you use any other mode of travel on that journey? If you walk for at least 15 minutes for part of your journey, this counts as a mode of travel.
c. What is your MAIN MODE of travel for short shopping or leisure trips of less than a mile?

SINGLE CODE ON EACH COLUMN
FOR MAIN MODE

|  |  | (A) Main Work / College SINGLE CODE | (B) Other Work / College CODE ALL THAT APPLY | (C) Main <br> Leisure \& Social SINGLE CODE |
| :---: | :---: | :---: | :---: | :---: |
| A | Walking |  |  |  |
| B | Bicycle |  |  |  |
| C | Bus |  |  |  |
| D | Train |  |  |  |
| E | Underground | 05 |  |  |
| F | Ferry |  |  |  |
| G | Car or van | $\square_{07}$ | $\square_{01}$ | $\square_{07}$ |
| H | Motorcycle / moped |  |  |  |
| I | Taxi / minicab |  |  | $\square_{09}$ |
| J | Other: Specify $\mathbf{y}$ |  |  |  |
|  |  | Specify: | Specify: | Specify 0 |

## COMMONWEALTH GAMES

48 Glasgow is hosting the 2014 Commonwealth Games. How do you feel about this?
READ OUT OPTIONS - SINGLE CODE - DO NOT READ OUT 99 - 'Don't know'

| Strongly against | $\square_{01}$ |
| ---: | :--- |
| Slightly against | $\square_{02}$ |
| Neither against nor supportive | $\quad \square$ |
| Slightly supportive | $\square_{03}$ |
| Strongly supportive | $\square_{05}$ |
| Don't know | $\square$ |

49 In which of these ways, if any, do you intend to follow or get involved in the Games?

READ OUT OPTIONS - CODE ALL THAT APPLY


50a Do you think the Commonwealth Games will have a positive or negative effect upon...you \& your family?
READ OUT OPTIONS - SINGLE CODE - DO NOT READ OUT 99 - 'Don't know'

| Positive effect | $\square_{01}$ |
| ---: | :--- |
| Negative effect | $\square_{02}$ |
| No effect | $\square_{03}$ |
| Don't know | $\square$ |

50b What do you think is going to be positive / negative about it? If answered no effect: Why do you think it will have no effect? RECORD VERBATIM

5 I a Do you think the Commonwealth Games will have a positive or negative effect upon ... your local area?
READ OUT OPTIONS - SINGLE CODE - DO NOT READ OUT 99 - 'Don't know'

| Positive effect | $\square$ |
| ---: | :--- |
| Negative effect | $\square_{02}$ |
| No effect | $\square_{03}$ |
| Don't know | $\square_{99}$ |

5 lb What do you think is going to be positive / negative about it? If answered no effect: Why do you think it will have no effect? RECORD VERBATIM

## READ OUT: On this card are listed some projects related to regeneration in the East End. SHOWCARD 21

## Building / Facilities

- Development of the National Indoor Sports Arena \& Velodrome
- Creation of the Athletes' Village
- Upgrading of Scotstoun Leisure Centre
- Development of Scotstoun Stadium
- Upgrading of Tollcross Aquatic Centre (Swimming Pool)
- Upgrading of Kelvingrove Park Bowling Greens
- Creation of Toryglen Regional Football Centre

Road and transport developments including

- M74 completion,
- East End Regeneration Route and
- Games route network

In the past 2 years have you had any paid employment connected with:
SINGLE CODE - DO NOT READ OUT 99 - 'Don’t know’

A
B

C
The BUILDING of these facilities WORKING in these facilities
Other improvement projects in the East End


## SUSTAINABLE ATTITUDES AND BEHAVIOURS

53 I'm going to read out a number of things people have told us they do. Please could you tell me how often you do each of the following?
READ OUT OPTIONS - SINGLE CODE ON EACH LINE - DO NOT READ OUT 99- 'Don't know'
SHOWCARD 22
A Avoid filling the kettle with more water A than you are going to use
B Choose products with less packaging
C Sort household waste for recycling?


## ADDITIONAL INFORMATION

READ OUT: I would now like to ask you some questions about your employment and a few other things about you. Please remember that this information will be treated confidentially - it will help us describe our sample population but information about individuals will not be passed to anyone else.

54 Overall, how satisfied or dissatisfied are you with your employment situation at the moment, whether you are working or not working just now?
READ OUT OPTIONS - SINGLE CODE ON EACH LINE - DO NOT READ OUT 99 - 'Don't know'

| Very satisfied | $\square \square_{01}$ |  |
| ---: | ---: | ---: |
| SHOWCARD 23 | Fairly satisfied | $\square \square_{02}$ |
| Neither satisfied nor dissatisfied | $\square_{03}$ |  |
| Fairly dissatisfied | $\square_{04}$ |  |
| Very dissatisfied | $\square \square_{05}$ |  |
| Don't know | $\square_{99}$ |  |

## 55 REFER BACK TO QIH

\& ASK IF NOT CURRENTLY IN FULL-TIME OR PART-TIME WORK
Have you done any of the following in the past year? READ OUT OPTIONS - SINGLE CODE ON EACH LINE - DO NOT READ OUT 98 - 'Refused'

|  |  | Yes | No | Refused |
| :--- | ---: | :---: | :---: | :---: |
| A | Paid work | $\square_{01}$ | $\square_{02}$ | $\square$ |
| B | Actively searched for work | $\square_{98}$ | $\square_{02}$ | $\square_{98}$ |
| C | Applied for a job | $\square_{01}$ | $\square_{02}$ | $\square_{98}$ |
| D | Been interviewed for a job | $\square_{01}$ | $\square$ | $\square$ |

## 56 REFER BACK TO QIH \& ASK IF NOT CURRENTLY IN FULL-TIME OR PART-TIME WORK

A. Have you done any of the following in the last twelve months?
B. If yes, was this related to the Commonwealth Games or to the regeneration of the East End
READ OUT OPTIONS - SINGLE CODE ON EACH LINE - DO NOT READ OUT 99 - 'Don't know'

|  | Yes <br> (related to <br> Games/East Regen) | Yes <br> (not related) | No | Don't know/ <br> Can't recall |  |
| :--- | ---: | :---: | :---: | :---: | :---: |
| A | Education or training course | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square 99$ |
| B | Apprenticeship programme | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square 99$ |
| C | Work experience | $\square_{01}$ | $\square_{02}$ | $\square_{03}$ | $\square 99$ |

57 Looking at the card, which option best describes how often you find it difficult to meet the cost of the following things...
READ OUT OPTIONS - SINGLE CODE ON EACH LINE - DO NOT READ OUT 99 - 'Don't know'

| SHOWCARD 24 |  | Very often | Quite often | Occasionally | Never | Not applicable | Don't know |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | Gas, electricity or other fuel bills | $\square 01$ | $\square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square_{05}$ | $\square 9$ |
| B | Food | $\square \square_{01}$ | $\square \square_{02}$ | $\square_{03}$ | $\square_{04}$ | $\square \square_{05}$ | $\square 9$ |

58 To which of these groups do you consider you belong? SHOWCARD 25

## SINGLE CODE ONLY

| White |  | Asian or Asian British |  |  |
| :---: | :---: | :---: | :---: | :---: |
| A | Scottish $\square_{01}$ | K | Indian | $\square$ |
| B | English $\square_{02}$ | L | Pakistani | $\square_{12}$ |
| C | Northern Irish $\quad \square$ 03 | M | Bangladeshi | $\square_{13}$ |
| D | Welsh $\square_{04}$ $\square$ | N | Any other Asian background please specify $\qquad$ | $\square_{14}$ |
| E | Irish $\square_{05}$ |  | Black or Black British |  |
| F | Any other White background <br> please specify $\qquad$ $\square$ | 0 | Caribbean | $\square_{15}$ |
| Mixed |  | P | African | $\square$ |
| G | White and Black Caribbean $\square_{07}$ | Q | Any other Black background please specify $\qquad$ | $\square_{17}$ |
| H | White and Black African $\square_{08}$ |  |  |  |
| I | White and Asian $\quad \square 09$ | R | Chinese | $\square_{18}$ |
| J | Any other Mixed background please specify $\square$ | S | Gypsy / traveller | $\square_{19}$ |
|  |  | T | Do not wish to disclose | $]_{20}$ |
|  |  | U | Other <br> please specify | $\square_{21}$ |



60 In total, how many cars and/or vans does your household have the use of?
READ OUT - SINGLE CODE


6 I How satisfied or dissatisfied you are with your life overall? READ OUT - SINGLE CODE ON EACH LINE- DO NOT READ OUT 99 - 'Don't know'


## WAIST MEASURES

62


PLEASE RECORD ANY CONCERNS WITH WAIST MEASUREMENTS ...

Note to interviewer: please comment on any language or communication problems during the interview.

Thank respondent.
Give thank you note.

24hrs


