

INTERVIEWER NAME (FULL NAME)							
INTERVIEWER ID							
INTERVIEW DATE							
INTERVIEW TIME (USE 24 HOUR CLOCK)				_HRS		MINS	
INT. DAY (CIRCLE ONE)	MON	TUE	WED	THUR	FRI	SAT	SUN
INTERVIEW REFERENCE NUMBER:							

PARTICIPANT BARCODE ???01?

#### **INFORMATION ABOUT THE LOCATION AND DWELLING**

SINGLE CODE ONLY		
	Calto	1 🗌
	Gallowgat	
	Camlachi	
	Parkhea	d 🗌
	Dalmarnoc	<
	Bridgeto	ר 🗌
What floor does responde CODE AND SINGLE CODE ONL		QD Tra
IF THE HOME HAS MORE THAN ONE FL		t 🗌
SELECT THE LOWEST LEVEL FLOOR CO THE LIVING ROOM (OR, IF THERE IS NO	Ground floor (street leve	) [
ROOM, THE MAIN LIVING AREA). I.E. NO INCLUDING STORAGE CELLARS.	Above ground floo	r 🗌
WRITE IN FLOOR NUMBER i.e. FIRST FLOOR '1', SECOND FLOOR = FLOOR '2		
ON		
		<b>,</b>
What type of dwelling do	.Y  High-rise flat (block of 6 or more storeys	
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette fla	t 📗
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette fla  Traditional sandstone tenement fla	t
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette fla  Traditional sandstone tenement fla  Post-war or modern tenement fla	t
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette fla  Traditional sandstone tenement fla  Post-war or modern tenement fla  4-in-a-block fla	t
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette fla  Traditional sandstone tenement fla  Post-war or modern tenement fla  4-in-a-block fla  Terraced hous	t
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette flat  Traditional sandstone tenement flat  Post-war or modern tenement flat  4-in-a-block flat  Terraced hous  Semi-detached hous	t
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette fla  Traditional sandstone tenement fla  Post-war or modern tenement fla  4-in-a-block fla  Terraced hous	t
What type of dwelling do	High-rise flat (block of 6 or more storeys  Deck access / maisonette flat  Traditional sandstone tenement flat  Post-war or modern tenement flat  4-in-a-block flat  Terraced hous  Semi-detached hous	t

Many of the questions I am going to ask you have a choice of answers. Please always pick the one that is closest to what you believe.

#### YOUR HOUSEHOLD

READ OUT: I'd like to begin by asking you some questions about you and anyone you share your home with. You don't have to give me their names but would help if you can give me their initials, so that I can make sure I am asking questions about the right person.

la	How many people live her		ı	2	3	4	5	6	7	8	9
	IF more than 9 occupants, omit y		Self								
Ιb	And is male or female?	Male	ı	1	I	1	I	1	I	ı	I
		Female	2	2	2	2	2	2	2	2	2
lc	What is the relationship of ONE CODE ONLY PER HH MEMBER										
		pouse/partner/cohabitee	×	01	01	01	01	01	01	01	01
	Son/daughter	(including step/adopted)	×	02	02	02	02	02	02	02	02
	Grandson/granddaughter	(including step/adopted)	×	03	03	03	03	03	03	03	03
		Parent/parent in-law	×	04	04	04	04	04	04	04	04
		Other relative	×	05	05	05	05	05	05	05	05
		Other non-relative	×	06	06	06	06	06	06	06	06
		(DO NOT READ OUT) REFUSED	×	98	98	98	98	98	98	98	98
ld	Can you go through each hand give their age last birt										
	yourself? WRITE AGE IN EACH code 988 & ASK Te	COLUMN. If age is not given,									
le	If refused 1d,	Under 16 years	01	01	01	01	01	01	01	01	01
	ask if willing to give age range	16 years 17-18 years	02 03								
	SHOWCARD 1	19 years	04	04	04	04	04	04	04	04	04
		20-24 years	05	05	05	05	05	05	05	05	05
		25-29 years	06	06	06	06	06	06	06	06	06
		30-34 years 35-39 years	07 08								
		40-44 years	09	09	09	09	09	09	09	09	09
		45-49 years	10	10	10	10	10	10	10	10	10
		50-54 years	Ш	П	П	П	П	П	Ш	П	П
		55-59 years	12	12	12	12	12	12	12	12 13	12 13
		60-64 years 65 years and over	13 14	13	13						
		- DO NOT READ OUT	98	98	98	98	98	98	98	98	98
lf	If refused 1d and 1e,	Refused (& ASK 1f)									
IT	ask if willing to identify	MALEUnder 65 years 65 years and over	01 02								
	if person is over / under	FEMALEUnder 60 years	03	03	03	03	03	03	03	03	03
	state retirement age?	60 years and over	04	04	04	04	04	04	04	04	04
		(DO NOT READ OUT) REFUSED	98	98	98	98	98	98	98	98	98
Ιg	Who in the household take										
٠8	regular basis? Tick if yes (by regular we mean fortnight)	v or 20 times a vear)									
16	SHOWCARD 2.	y or zo times a year)									
lh	Which of these best des				J MEMB	ED					
	IF THEY ARE UNSURE, CODE T FULL TIME PAID WORK IS 30+	THE OPTION WHICH OCC	CUPIES	MOST	OF HE	I MEME			ORKIN	G	
		(including self-employed)	01	01	01	01	01	01	01	01	01
	·	(including self-employed) or other training scheme	02 03								
	Government	Unemployed	03	03	03	03	03	03	03	03	03
		Retired	05	05	05	05	05	05	05	05	05
		Temporary sick	06	06	06	06	06	06	06	06	06
		ck/disabled without a job	07	07	07	07	07	07	07	07	07
	Looki	ng after the home/family Full-time education	08 09								
		Other, specify	95	95	95	95	95	95	95	95	95
		(DO NOT READ OUT)									
		REFUSED	98	98	98	98	98	98	98	98	98
ning) Main	Q IDNO: «GoEast Main Q ID	NO»									3

### **YOUR HOME**

2	Which of the following bes	t describ	es how you	ı occupy y	our h	ome?	
			Rented from	n housing asso	ciation .	council	
	SHOWCARD 3			Rented from	private	landlord	02
			Own my o	wn home (inc	ludes m	ortgage)	
					(PLEASE S	Other	95
3	How long in total have you SINGLE CODE ONLY FOR EACH - ROUND			Under I	year	a) your HOME	b) this AREA
					year	□ <sub>01</sub>	01
					ears		
					ears	03	03
				•	ears	04	04
				5 y	ears	06	05
				6 y	ears	07	07
				7-10 y	ears	08	08
				11-20 y	ears	09	09
				21+ y	ears		
			Don't	know/can't re	ecall	99	99
				Refu	used	98	98
4	How would you rate your cophysical condition?  READ OUT OPTIONS - SINGLE CODE - DE			know'	overall		
	SHOWCARD 4		ery Fairly	Neither good nor	Fairly	Very	Don't
		Г	ood good	poor	poor	poor	know
5	How much do you agree or READ OUT OPTIONS - SINGLE CODE FOR					nents?	99
	SHOWCARD 5	Strongly agree		er agree disagree Dis	sagree	Strongly disagree	Don't know
	I feel in control of my home					05	99
	My home makes me feel that I'm						99

6	services in or near your local ar										
		O OUT OPTIONS - SINGLE CODE FOR EACH -		READ OUT	T 99 - 'Don't kı	now'					
	SH		Very good	Fairly good	Neither good nor poor	Fairly poor	Very poor	Don't know			
	Α	Shops					05	99			
	В	Sports facilities			03			99			
	С	Youth and leisure services	01	— 02 — — 12	— 03 — 13	— <sub>04</sub>					
	D				03	04	OS				
	Е					□ <sub>04</sub>		L			
	F				□ <sub>03</sub>	□ <sub>04</sub>	05	99			
	G					□ <sub>04</sub>	05	L			
			01		□ <sub>03</sub>	□ <sub>04</sub>	05	□ <sub>99</sub>			
	Н	Cycleways and tracks	01	L 1 <sub>02</sub>	□ <sub>03</sub>	L	L 05	LLI <sub>99</sub>			
			~~~		_						
YOU	JR N	<b>EIGHBOURHOOD</b> or LO	OCAL	L ARE	A						
		T: Now I am going to ask you ab	•		•						
By neig	ghbou	ırhood, I mean the local area with	nin a 5 1	to 10 mi	nute walk	from your	home.				
7	Но	w satisfied or dissatisfied are	you w	ith this	neighbo	urhood a	s a				
•		ce to live?	,								
		O OUT OPTIONS - SINGLE CODE FOR EACH -	DO NOT	READ OUT	<b>Г 99 - '</b> Don't k	now'					
						Vorys	atisfied [	_			
	CLI	OWCARD 7				•	-				
	2H(	OWCARD 7				Fairly s	_				
				ſ	Neither satis	fied nor diss	atisfied [	03			
						Fairly diss	atisfied [	04			
						Very diss	atisfied [	05			
						Don'	t know	99			
8	Но	w much do you agree or disa	gree v	vith the	followin	g statem	ents?				
•		O OUT OPTIONS - SINGLE CODE FOR EACH -			Γ99 - 'Don't k	now'					
		SHOWCARD 8	Strongly agree	y Agree	Neither agree no e disagree	r	Strongly disagree	Don't know			
	A	Living in this neighbourhood helps	_	_	_	_					
		make me feel that I'm doing well in		$\sqcup_{\circ}$	2	LI <sub>04</sub>	<sub>05</sub>	<sub>99</sub>			
	В	my life  Many people in Glasgow think this		_							
		neighbourhood has a bad reputation		$\square_{\circ}$	2	L.I. <sub>04</sub>	<sub>05</sub>	□,99			
	С	People who live in this				П					
	D	neighbourhood think highly of it On your own, or with others, you	<b>Ш</b> 01	٥	203	LJ 04	L 05	L 99			
	U	can influence decisions affecting your			2			99			
	E	local area									
	_	intervene if a group of youths were		Π.	2						
		harassing someone in the local area	<b>—</b> 01	0	03	<b>—</b> 04	<b>—</b> 05	<b>—</b> 99			
	F	People around here look after the local area.			2 03		05	99			
	G	People in this area live active and healthy lives.	01		2 03		05	99			

	yo	ngs is a serious problem, a ur local neighbourhood?		-		-	ı in	
		AD OUT OPTIONS - SINGLE CODE FOR I	EACH - DC	NOT READ  Not a proble			ıs problem	Don't know
		Vandalism, graffiti and other de	liberate				_	Doll t know
	A	damage to property or	vehicles		□ <sub>02</sub>		03	LJ <sub>99</sub>
	В	People being drunk or in publi	rowdy c places			[	03	
	С	Rubbish or litter lying	•		02		03	
	D	Vacant or derelict buildings and la	nd sites				03	99
	E	The amount or speed o	of traffic		02	[	03	99
10	the	ow would you rate the qua e following things? D OUT OPTIONS - SINGLE CODE FOR E	-	-			ms of	
	SH	OWCARD 10	Very good	Fairly good	Neither good nor poor	Fairly poor	Very poor	Don't know
		Attractive buildings			·		·	
		Attractive environment		02	03	04	05	99
П	<b>aft</b> REA	ow safe would or do you fe ser dark? D OUT OPTIONS (1-5) - SINGLE CODE F OWCARD 11		king alon	e in this no	_	rhood Very safe	01
		ESPONDENT:				F	airly safe	02
		TATES THAT NEVER WALKS ALONE FTER DARK, CODE 06			Nei	ther safe no	or unsafe	03
	INT	ERVIEWER BRIEFING NOTE:				Αb	oit unsafe	04
		ESPONDENT: NOTICEABLY DISABLED AND				Ve	ry unsafe	05
		ANNOT WALK, AUTOMATICALLY ODE 06	DO I	NOT PRO	MPT Never v	valk alone a	fter dark	06
12	ch: ab	ow much would you say th anged since two years ago out the same amount of c GLE CODE FOR EACH IF MORE/LESS, PRO	? Wo	uld you s	ay there is	more, l	ess or	
						Α	lot more	01
						A lit	tle more	
						About	the same	03
						Α	little less	04
							lot less	05
						Dor	n't Know	99

Could you tell me whether you think that each of the following

13			tent do the follo DNS - SINGLE CODE FOR		to you?					
	SH	OWCARD	12				A great deal	A fair amount	Not very much	Not at all
	A			I feel par	t of the cor	mmunity	01			04
	В			l visit neighb	ours in the	ir home				04
	С		I stop and ta	lk to people in	my neighbo	ourhood				04
	D			l feel pro	ud of this lo	ocal area				04
	Ε			I feel proud of	the city of (	Glasgow				04
14	Ha	s this are	a got better or	worse to liv	e in ove	r the la	st thr	ee yea	.rs?	
	REA	D OUT OPTIO	NS - SINGLE CODE - DO	NOT READ OUT	99 - 'Don't k	now'				
					The or	oo boo go	t hattan			
			INTERVIEWER NOTE:	-		ea has go			I	
		LIVED IN TH	SAYS THEY HAVEN'T IE AREA THAT LONG, TO CONSIDER SINCE		he area has	•			2	
			10VED TO THE AREA		The an	ea has go			3	
						Don	't know	Ш,	9	
15		_	bout how often to counting the peo	•	-	-				
		f the follo	•	pic you live t	, i.e.,	V OICCI	. uo , c	ou uo u	,	
	RI	EAD OUT OPT	IONS - SINGLE CODE FO	R EACH- DO NOT	READ OUT Once a	99 - 'Don't Once or	know'			
	S	HOWCAR	D 13	Most days	week or more	twice a month		ten than month	Never	Don't know
	A	4	Meet up with relati	ves		03		] <sub>04</sub>		99
	E	3	Meet up with frie	nds 🔲 <sub>01</sub>	02	03		] <sub>04</sub>	05	99
16	n p	ot counti eople you	now about your ing those you live or could ask to given one of the could ask to given one of the could be asked to give	e with, can y ve you advid	you tell ce and si	me aro upport	und h	ow ma		
				None	One or t		e than wo	Would n		n't know
				01			]03			99

#### YOUR HEALTH and WELLBEING

17

In general, would you say your health is...?
READ OUT OPTIONS - SINGLE CODE

**READ OUT**: I am now going to ask you some questions about your health and your general wellbeing. I would just like to remind you that all the information you give in this and the other sections of this questionnaire will be treated completely confidentially.

			Excellent	Very go	od Go	ood ] <sub>03</sub>	Fair	Poor
18	mig a lit INTER	w I'm going to ask you a ht do during a typical d tle or not at all in doing VIEWER NOTE: IF CLAIM NOT TO DO ACTIVIT IF YES, PROBE FOR WHETHER H OUT OPTIONS - SINGLE CODE FOR	lay. Does g these ac	your heativities?	alth now of your health?	limit y	ou a lot,	No, not
	SHC	WCARD 14			lot		little	limited at all
	A	Moderate activities, such as movacuum cleaner, bowling or pl		pushing a	01		02	03
	В	Climbing several flights of stair	rs		01			03
		T: I'm now going to as	k vou abo	4				
19	Dur	ur weeks and the effect	t of these	on your	daily act	ivities.	•	health in
•	<b>D</b> ur READ	ur weeks and the effect	s how mu	on your  ch of the	daily act e time ha	ve you	A little of	None of
•	<b>D</b> ur READ	ur weeks and the effect ring the <u>past four weeks</u> OUT OPTIONS(A-D) - SINGLE COD	s how muce FOR EACH A	on your  ch of the	daily act e time ha	ivities ve you		
•	Dur READ SHC	ring the past four weeks OUT OPTIONS(A-D) - SINGLE COD OWCARD 15  Accomplished less than you we as a result of your physica Been limited in the kind of vo	s how muce FOR EACH  Ould like all health work or u do as a all health	on your  ch of the	e time ha	ve you	A little of the time	None of the time
•	Dur READ SHC	ring the past four weeks OUT OPTIONS(A-D) - SINGLE COD OWCARD 15  Accomplished less than you we as a result of your physica Been limited in the kind of your regular daily activities you	s how muce FOR EACH  A  Could like al health work or a do as a al health ould like roblems, anxious	ch of the	e time ha	ve you  Some of the time	A little of the time	None of the time

20	interfere	king about the past four we with your normal work, ind d housework?	•		•	:
	READ OUT OF	PTIONS - SINGLE CODE FOR EACH				
		Not at all	A little bit	Moderately	Quite a bit	Extremely
		01		03	04	05
DEA			. •			
		he next questions are abou g the past four weeks.	it how y	ou feel and	how things	s have been
	,	•				
21	How muc	ch of the time during the pa	ast four	weeks (hav	ve you)?	
	READ OUT OF	PTIONS (A-D) - SINGLE CODE FOR EACH				
	SHOWCA	RD 15	A of t	he of the	Some A lit	he of the
	Α	Felt calm and peac	eful		time tim	ne time
	В	Had a lot of ene	_			] <sub>04</sub>
	С	Felt downhearted and depres				] <sub>04</sub>
	D	Has your physical health or emotion problems interfered with your so activities, like visiting friends, related	ocial	] <sub>01</sub>		05
22	('Longsta	ave any longstanding illness anding' means anything that a, over a period of time).		-	•	to
	SINGLE CODE	FOR EACH				
				Yes	No	Refused
					<sub>02</sub>	98
23		t 12 months have you spok nal about feeling stressed, a	-			1
	SINGLE CODE	FOR EACH		V	N	D-4
				Yes	N₀ □	Refused
					LJ <sub>02</sub>	<sub>98</sub>

24	the fre	are some statement equency with which e weeks.	•		_					
	READ OU	T OPTIONS - SINGLE CODE FOR	EACH							
	SHOW	CARD 16	All of the time	Often	Some of the time	Rarely	Never			
	A	l've been feeling optimis	tic about the future							
	В	ľv	l've been feeling useful l've been feeling relaxed l've been dealing with problems well l've been thinking clearly				04	05		
	С	l've	been feeling relaxed					05		
	D	l've been dealing	with problems well					05		
	E	l've l	peen thinking clearly					05		
	F		ose to other people	01						
	G	I've been able to make up	my own mind about things	01			04	05		
your h	ealth, li	I would now like to a ike smoking, drinking u, or have you ever, s	g and life-style.	estions a	about 1	things t	hat m	ay affe	ct	
25		T OPTIONS - SINGLE CODE	sillokeu:							
	INTERV	IEWER NOTE: IF ASKED			I smol	ke daily	01	<b>2</b> 6		
		ERS TO ANY KIND OF CO SMOKING, INCLUDING	I smoke occasionally now but not every day $\square_{02}$							
	CIGARET	TTES, ROLL UPS, PIPE CO OR CIGARS	ľve smok	ed in the p	ast but n	ot now		<b>→</b> 28		
				ľv	e never s	moked		<b>→</b> 28		
26		you changed your sn JT - SINGLE CODE ONLY- DO N	_	-	-					
					Yes, I sn	noke mor	e now			
				Y	es, but I	now smol	ce less			
			No, I s	till smoke a	around th	ne same ai	mount	03		
						No	t sure	99		
						R	efused	98		
27	future	n of the following phr smoking habits? T - SINGLE CODE	ases on this car	d best d	escrib	es your				
						give up sn				
			but <b>NOT</b> in the	within the next 6 months  I intend to give up smoking  T in the next 6 months (or not sure when).						
				the next 6 months (or not sure when).  I don't intend to give up smoking						

28	How often do you drink alcohol?  READ OUT - SINGLE CODE ONLY - DO NOT READ OUT 98 - 'Refused'	
	SHOWCARD 17 Never	01
	Less than once a month	
	More than once a month but not weekly	
	I-2 days per week	
	3-5 days per week	05
	6-7 days per week	
	Refused	98
29	Have you changed your drinking habits over the past 2 years?  READ OUT - SINGLE CODE ONLY - DO NOT READ OUT 99 'Not sure' OR 98 'Refused'	
	Yes, I drink more now	01
	Yes, I now drink less than I used to (includes those who have given up in the last 2 years)	
	No, I still drink around the same amount (include those who have not drunk alcohol for at least 2 years)	03
	Not sure	99
	Refused	98
30	INTERVIEWER NOTE: Only ask if currently drinks alcohol. Which of the following statements best describes your future drinking habits?  READ OUT - SINGLE CODE ONLY	
	I intend to reduce the amount I drink over the next six months	01
	I intend to reduce the amount I drink but <b>NOT</b> over the next six months	02
	I do not intend to reduce the amount I drink	

31	How often Per Day	How often Per Day do you usually eat items of fruit as a snack?									
-	WRITE NUMBER IN BOX   - If LESS THAN ONE, code as '0' - IF DON'T KNOW code as 99										
								<u>,                                      </u>			
32	How often Per Day	do you usual	lly eat i	items s	such as	cakes,	pastries	i,			
<b>-</b>	chocolate, biscuits a		a as 'Λ' - IF Γ	OON'T KN	IOW code a	s 99					
	WRITE NUMBER IN BOX - If LESS THAN ONE, code as '0' - IF DON'T KNOW code as 99										
33	How many fizzy drinks do you usually consume Per Day?										
33	WRITE NUMBER IN BOX - If LE	•	•			•					
	NOTE FOR FIELDWORKERS:	Mixers included - Do	es NOT inc	lude beer c	or cider						
		I unit = 330ml, or ap 3 units = I litre	proximately	y 'a can', 'sn	nall bottle' c	or 'half pint.'					
2.4	On how many of the	he last 7 days	did vo	u eat a	any of v	our ma	in mea	le			
34	from a take-away	-	-	u cat a	any or y	Our IIIa	IIII IIICa	13			
	READ OUT – SINGLE CO	DE ONLY	None	1	2	3	4 5	6	7		
				day	days	days da	ys days	days	days		
				L	L	<sub>04</sub>		6	LL 08		
PH	IYSICAL ACTIVIT	ΓΥ									
RF	AD OUT: Thinking al	hout the phy	sical ac	tivitie	s vou de	n as nar	t of voi	ır work	z at		
	ne, getting from plac				-	-	_				
	sport. Think only abo	•	-	-							
NOT	E: IF RESPONDENT IS NOTICEABI	LY DISABLED AND C	CANNOT V	VALK, AU	TOMATICA	LLY CODE	(none) FOR	THIS SECTI	ON.		
35a	During the past 7 days activities like heavy life										
	SINGLE CODE ONLY	G, GC G,	l	2	3	4	5	6	7		
		None	day	days	days	days	days	days	days		
		01				05	06	07			
		→ 36a	<b>≇</b> 35b	<b>⊯</b> 35b	<b>⊯</b> 35b	<b>⊯</b> 35b	<b>⊯</b> 35b	<b>⊯</b> 35b	<b>≇</b> 35b		
	11			//COD4	SUC !		-141 -				
35b	How much time did yo on ONE of those days		a doing \	VIGORC	טע phy	sicai acti	vities				
	WRITE NUMBER IN BOX - Co	onvert hours to minute	es e.g 1.5 ho	ours = 90 m	ninutes			Minutes	per day		

36a	physical activities like c swimming at a regular	arrying	-	-	•				
	DO NOT INCLUDE WALK SINGLE CODE ONLY								
	SINGLE CODE OINET	None	l day	2 days	3 days	4 days	5 days	6 days	7 days
		□ <sub>01</sub> <b>Ψ</b> 37a		□ <sub>03</sub> <b>2</b> 36b	□ <sub>04</sub> <b>1</b> 36b	□ <sub>05</sub> <b>2</b> 36b	□ <sub>06</sub> <b>2</b> 36b	□ <sub>07</sub> <b>2</b> 36b	□ <sub>08</sub> <b>2</b> 36b
36b	How much time did you activities on ONE of the	ose days	?			RATE	physica	ıl	
	WRITE NUMBER IN BOX - Convert h	ours to minut	tes e.g 1.5 h	ours = 90 m	ninutes			Minute	s per day
37a	least 10 minutes at a tir		many	days di	id you '	WALK	for at		
	SINGLE CODE ONLY	None	1	2	3	4	5	6	7
			day	days	days	days	days	days	days
		□ <sub>01</sub>	LJ <sub>02</sub>		04	LJ <sub>05</sub>	L	<sub>07</sub>	□ 08
37b	How much time did you days?	-	•			NE of	those		
	WRITE NUMBER IN BOX - Convert h	ours to minut	tes e.g 1.5 h	ours = 90 m	ninutes			Minute	s per day
38	During the past 7 days, than 20 minutes at a tir		-	•	-		more		
	SINGLE CODE ONLY	None	I	2	3	4	5	6	7
			day	days	days	days	days	days	days
		L 01	L	03	L <sub>04</sub>	<sub>05</sub>	L <sub>06</sub>	<sub>07</sub>	LJ <sub>08</sub>
CD/	ODTS & OTHER ACT	1111-	·c						
SPC	ORTS & OTHER ACT		.5						
39	I am now going to ask y activity which you do to include walking where y fitness reasons.	improv	e your	health	and fit	ness.	This ca	n	
	Which of these stateme	ents bes	t descr	ibes vo	ur beh	aviour	iust no	w?	
	read out options - single codi					,	,		
						rently do			
			and I do	not intend		in the nex rently do		ciso –	_
	bu	ıt am thinki	ng about s		exercise	in the nex	ct six mor	nths L	
				I current	tly exercis				03
			but have	only begu	ın to do s		ast six mo	nths L	] <sub>04</sub>
						rently exe			

# 40a I am now going to read out a list of activities, please tell me which ones you have done in the last 4 weeks? b If yes, was this as a member of a club?

	(A) TICK ALL ACTIVITIES THAT A	PPLY <b>↓</b>	(B) AS A MEMBER C	F A CLUB? ♥
Α	Aerobics / Keep Fit / Gymnastics / Dance (for fitness)		YES	NO
В	Badminton / tennis			
С	Cycling			
D	Dancing (other types)			
E	Exercises (e.g. press-ups, sit-ups)			
F	Football / rugby			
G	Gym (workout) / Exercise Bike / Weight Training			
Н	Running / jogging			
ı	Squash			
J	Swimming	П <sub>01</sub>		
K	Athletics			
L	Aquarobics / Aquafit / Exercise Class in Water	П <sub>01</sub>		
M	Basketball	<sub>01</sub>		
N	Bowls			
0	Boxing			
P	Canoeing / Kayaking			
Q	Climbing			
R	Cricket			
S	Curling			
T U	Fishing / Angling			
٧	Golf Hillwalking / Rambling			
W	Hockey			
X	Horse riding			
Y	Ice skating			
Z	Martial arts (including Tai Chi)			
AA	Netball			
AB				
	Powerboating / Jet skiing			
AC	Rowing		01	
AD	Sailing / Windsurfing			
AE	Shinty/ Gaelic football			
AF	Skateboarding / Inline skating			
AG	Snooker / Billiards/pool			
AH	Skiing / Snowboarding			
AI	Subaqua			
AJ	Surfing / Body boarding			
AK	Table tennis	П <sub>01</sub>		
AL	Tenpin bowling	П <sub>01</sub>		
AM	Volleyball	П <sub>01</sub>	01	
AN	Waterskiing	П <sub>01</sub>		
AO	Yoga / Pilates	П <sub>01</sub>		
ΑP	Other (PLEASE SPECIFY)	□ <sub>95</sub>		
	(	,,	VI	V2

41	have	oking at this card, are thei en't done any/more sport OUT OPTIONS - CODE ALL THAT APPI	in <u>the</u>	•			hy you		
	SHO	WCARD 18							
A		It costs too much		н		l mi	ght feel out	of place	
В		No one to do it with		1	Chan	ging facilitie	es not good	d enough	
С		Never occurred to me		J	Lack of	transport/	can't easily	get to it	
D		Not really interested		K N	ot enough i	nformation	on what's	available	
E		Fear of injury		L		It's diffic	cult to find	the time	
F		l wouldn't enjoy it		M	Ot	her (specify	v):		95
G		Health isn't good enough							
42a b		ow often do you use or go yes, was that in the East E	•	of the	e followi	ng facil	l <b>ities?</b>	(B)	
	SHO	WCARD 19			A few	About	least		
				Never use	times a year	once a month	once a week	Was that i East End	
	A	Park, green area, sports field or p	lay area	01				If answered 2-4 Ask – in East End?	
	В	River, loch, canal, beach or se	a-shore	01				If answered 2-4 Ask - in East End?	
	С	Woodland, forest or the cou	ntryside	01	02		04	If answered 2-4 Ask - in East End?	
	D		cial club		02	03	04	If answered 2-4 Ask - in East End?	
	E	Community		01	02	03	04	If answered 2-4 Ask - in East End?	05
	F	Sports hall, gym or fitnes:			02	U <sub>03</sub>	U <sub>04</sub>	If answered 2-4 Ask - in East End? If answered 2-4	
	G	Swimm	ing pool	□ <sub>01</sub>	02	<sub>03</sub>	L	Ask - in East End?	L <sub>05</sub>
43	<b>eve</b> I READ	he last 12 months how oft nts or places? OUT OPTIONS – SINGLE CODE ON EAC		e you	<b>been to</b>	Once/	A Abo		
	_			_	use	a year	mon	th week	(
	Α -			Cinema					4
	В	CI · I		Library					4
	С	Classical		•					4
	D E		Live musi						4
	F	Play / Mus		e show		□ <sub>02</sub>			1
	G			ic place				03	4
	Н			dy Club		02		03	4
	ı	Muse	um or Ex					_	1
	1	Street performan						03	į.

Cultural Festival

Book Festival

K

#### activities? READ OUT OPTIONS - SINGLE CODE ON EACH LINE Once / A few About At least SHOWCARD 19 Never times a once a once a use year month week Α Read for pleasure В **Danced** C Performed in a play or choir D Played a musical instrument/ made music E Painting/ drawing/ sculpture F Photography/ making films G Online social networks Н Crafts such as knitting, wood, pottery etc K Creative writing L Going to bingo Other cultural activity M (specify): **GROUP AND VOLUNTARY ACTIVITY** In the past 12 months, have you been involved with any of the groups listed on the showcard? **SHOWCARD 20 READ OUT OPTIONS - CODE ALL THAT APPLY** Α Hobbies / Social Clubs Political groups Sports or exercise groups В J Trade union groups (as coach or participant) Religious groups, C Local community group K including going to a place of worship D Groups for children or young people L Musical groups Ε Adult education groups $\bigsqcup_{\alpha}$ **Book Club** F Ν Groups for older people Other (specify): G Environmental or wildlife groups 0 Not involved in any groups Н Health, welfare, disability groups In the past 12 months, have you done any voluntary work - that is, 46a have you helped an organisation, group or individual in an unpaid capacity? Prompt if necessary: that could include organising a group, helping to run an event, providing help or support to other people (not family members), raising money, campaigning etc.... SINGLE CODE

In the last 12 months how often have you done any of these

44

45

→ 47a

<b>46</b> b	Was your voluntary work co		d to	any of the following areas?	
Α	The Community	01	н	The Environment	01
В	Young people	01	ı	The Arts	01
С	Older people	01	J	Museums or Galleries	01
D	The Commonwealth Games 2014	01	K	Heritage or Conservation	
E	Other sports activities	01	L	Libraries or Archives	01
F	Animals or Wildlife	01	M	Schools or education	
G	Church or Religious group	01		Health or mental health	01
				Other (specify):	95

#### **MODES OF TRAVEL**

CINICIE CODE ONI FACILI COLLIMNI

- 47 a. What is the MAIN MODE you use to travel to work or college?
  - b. Do you use any other mode of travel on that journey? If you walk for at least 15 minutes for part of your journey, this counts as a mode of travel.
  - c. What is your <u>MAIN MODE</u> of travel for short shopping or leisure trips of less than a mile?

	IN MODE			
		(A) Main Work / College SINGLE CODE	(B) Other Work / College CODE ALL THAT APPLY	(C) Main Leisure & Social SINGLE CODE
A	Walking	01	01	01
В	Bicycle		01	02
С	Bus		01	03
D	Train	04	01	04
E	Underground	05	01	05
F	Ferry	06	01	06
G	Car or van	07	01	07
н	Motorcycle / moped	08	01	08
ı	Taxi / minicab	09	01	09
J	Other: Specify	95	95	95
		Specify:	Specify: #	Specify *:

#### **COMMONWEALTH GAMES**

48		Glasgow is hosting the 2014 Commonwealth Games. How do you feel about this? READ OUT OPTIONS - SINGLE CODE - DO NOT READ OUT 99 - 'Don't know'									
					Strongly against						
					Slightly against						
					Neither against nor supportive						
					Slightly supportive	03					
					Strongly supportive	05					
					Don't know	99					
49		In which of these ways, if any, of involved in the Games?  READ OUT OPTIONS - CODE ALL THAT APPLY	lo you	inte	end to follow or get						
	Α	Watch on TV, internet or listen on the radio		G	Volunteering during the Games	01					
	В	Read about it in the paper		н	Take part in a Games related community event or activity	01					
•	С	Attend a ticketed Games event	01	ı	Not yet decided / don't know	01					
1	D	Take part in a Games related sports or physical activity		J	None of these.	01					
	E	Use a new or improved sports facility linked to the Games		K	Other (specify):	95					
	F	Take part in a Games related cultural event									
50a		Do you think the Commonweals negative effect uponyou & you READ OUT OPTIONS – SINGLE CODE - DO NOT	r fami	ly?	'Don't know'						
					Positive effect						
					Negative effect	02					
					No effect	03					
					Don't know	LJ <sub>99</sub>					
<b>50</b> b		What do you think is going to I If answered no effect: Why do you									

RECORD VERBATIM

51a	Do you think the Co negative effect upon			l have a	positive	or	
	READ OUT OPTIONS - SINGLE	CODE - DO NOT READ	OUT 99 - 'Do	n't know'			
					Posit	ive effect	
					Negat	ive effect	02
					1	No effect	03
					Do	n't know	99
51b	What do you think	• • •		_		t <b>?</b>	
	RECORD VERBATIM						
DEAD	OUT O HE				.•		
	OUT: On this card are	e listed some proj	ects relat	ed to reg	eneratior	in the E	ast End.
			D				
<ul> <li>Deve</li> </ul>	/ <b>/ Facilities</b> lopment of the National Indoo	r Sports Arena & Velo		M74 comp	letion,		s including
<ul> <li>Upgra</li> </ul>	ion of the Athletes' Village ading of Scotstoun Leisure Cei		•		legeneratio Ite network	n Route and	d
	lopment of Scotstoun Stadium ading of Tollcross Aquatic Cen						
<ul> <li>Upgra</li> </ul>	ading of Kelvingrove Park Bow ion of Toryglen Regional Foot	ling Greens					
52	In the past 2 years had connected with:	ave you had any	paid em	ploymen	t		
<b>-</b>	SINGLE CODE - DO NOT READ	OUT 99 - 'Don't know'					
				es	No	Don't	know
<b>A</b>		LDING of these facilities	L	$\Box_{\mathfrak{o}_{I}}$	02		],,
В		RKING in these facilities			02		],,
С	Other improvement	projects in the East E	na [				] <sub>99</sub>
ale	AINABLE ATTIT	LIDES AND B		OLIBS			
505	AINABLE ATTIT	ODES AND B	ЕПАУІ	COKS			
	1): 4	4	··		4-1-1	4la a	
<b>53</b>	I'm going to read ou do. Please could you		• .	•		tney	
	following?		-				
	READ OUT OPTIONS – SINGLE (	CODE ON EACH LINE - I	DO NOT REA	D OUT 99 - 'I	Don't know'		
	SHOWCARD 22		Haven't	Sometimes	Rarely	Often	Don't
	Avoid filling the ke	ettle with more water	done that	done that	done that	done that	know
	thar	you are going to use			□ <sub>03</sub>	□ <sub>04</sub>	99
	·	ts with less packaging			□ <sub>03</sub>	U <sub>04</sub>	□ <sub>99</sub>
	C Sort househol	d waste for recycling?		<sub>02</sub>	□_ <sub>03</sub>	L	99

#### **ADDITIONAL INFORMATION**

**READ OUT:** I would now like to ask you some questions about your employment and a few other things about you. Please remember that this information will be treated confidentially – it will help us describe our sample population but information about individuals will not be passed to anyone else.

Overall, how satisfied or dissatisfied are you with your employment situation at the moment, whether you are working or not working just now?

READ OUT	OPTIONS – SINGLE CODE ON EACH LIN	IE - DO NOT READ OUT 99 - 'Don't know'	
		Very satisfic	ed 🔲 🕠
SHOWC	CARD 23	Fairly satisfi	ed $\square_{_{02}}$
		Neither satisfied nor dissatisfic	ed 🔲 <sub>03</sub>
		Fairly dissatisfi	ed
		Very dissatisfic	ed 🔲 os
		Don't kno	ow
	ACK TO QIH		
	-	JLL-TIME OR PART-TIME WOI	RK
& ASK II	NOT CURRENTLY IN FU		RK
& ASK IF	ou done any of the following	ng in the past year?	RK
& ASK IF	NOT CURRENTLY IN FU	ng in the past year?	RK Refused
& ASK IF	ou done any of the following	ng in the past year?  IE - DO NOT READ OUT 98 - 'Refused'  Yes No	Refused
& ASK II  Have your	OU done any of the following options – Single code on each lin	ng in the past year?  IE - DO NOT READ OUT 98 - 'Refused'  Yes No	Refused
& ASK II  Have you  READ OUT	OU done any of the following options – Single code on each linger work	ng in the past year?  IE - DO NOT READ OUT 98 - 'Refused'  Yes No	Refused

- REFER BACK TO QIH

  & ASK IF NOT CURRENTLY IN FULL-TIME OR PART-TIME WORK
  - A. Have you done any of the following in the last twelve months?
  - B. If yes, was this related to the Commonwealth Games or to the regeneration of the East End

READ OUT OPTIONS - SINGLE CODE ON EACH LINE - DO NOT READ OUT 99 - 'Don't know'

57	Looking at the card, which option best describes how often you find
•	it difficult to meet the cost of the following things

	READ OUT OPTIONS — SINGLE CODE ON	EACH LINE	- DO NOT	READ OUT 99 -	'Don't know'		
	SHOWCARD 24	Very often	Quite often	Occasionally	Never	Not applicable	Don't know
Α	Gas, electricity or other fuel bills		02	03		05	
В	Food						

## To which of these groups do you consider you belong? SHOWCARD 25

#### SINGLE CODE ONLY

	White			Asian or Asian British	
Α	Scottish		K	Indian	
В	English		L	Pakistani	
С	Northern Irish		M	Bangladeshi	
D	Welsh		N	Any other Asian background please specify	
E	Irish	05		Black or Black British	
F	Any other White background please specify		0	Caribbean	
	Mixed		P	African	
G	White and Black Caribbean		Q	Any other Black background please specify	
Н	White and Black African	08			
ı	White and Asian		R	Chinese	
J	Any other Mixed background please specify		S	Gypsy / traveller	
			Т	Do not wish to disclose	
			U	Other please specify	

59	qualifications you've obtained?						
	SINGLE CODE ONLY - INTERVIEWER BREIFING NOTE: DON'T READ OUT ALL THE OPTIONS BELOW – JUST ASSIGN RESPONSE TO APPROPRIATE BOX						
	School leaving certificate	01					
	O Grade, Standard Grade, GCSE, CSE, or equivalent – grades D to F	02					
	O Grade, Standard Grade, GCSE, CSE, or equivalent – grades A to C	03					
	Higher Grade/A Level, AS Level, Advanced Senior cert, CSYS or equivalent	04					
	GSVQ or SVQ Level 1 or 2, BTEC First Diploma, City and Guilds Craft or equivalent GSVQ or SVQ Level 3, ONC, OND or SCOTVEC National Diploma,	05					
	City and Guilds Advanced Craft, RSA Advanced Diploma or equivalent	□ <sub>06</sub>					
	Apprenticeships or trade qualification	07					
	HNC, HND, SVQ levels 4 or 5, RSA Higher Diploma or equivalent	08					
	First degree, Higher degree	09					
	Other technical or business qualification / certificate						
	Other qualification  please specify						
	None						
	Don't know	12 					
		99					
61	In total, how many cars and/or vans does your household have the use of?  READ OUT - SINGLE CODE  None  Out  None  Out  None  None  Out  None  None  Out						
	Very satisfied Fairly satisfied nor dissatisfied Fairly dissatisfied Very dissatisfied  Output  Description:  Output  Description:  Output  Description:  Neither satisfied rairly dissatisfied Very dissatisfied  Output  Description:  Output  D	Don't know or N/A					
WAIS	T MEASURES						
	SURVEY						
62	ASSISTANT IDNO e.g.003						
	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$						
	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$						
	If difference between measures I and 2 is ≥ I cm, complete 3rd measure						
	Waist Measure 3 Standard Procedure $\square_{01}$ Belly Button $\square_{02}$ Other (Specify) $\square_{03}$						

PLEASE RECORD ANY CONCERNS WITH WAIST MEASUREMENTS ...

Interview Language Information
Note to interviewer: please comment on any language or communication problems during the interview.

Thank respondent. Give thank you note.

INTERVIEWER RECORD END TIME 24hrs					
	Hours	 _	Minutes		Ī

