



Welcome to the Autumn edition of the GoWell newsletter!



My name is Cat and I am GoWell's community engagement manager.

I'm here to

share GoWell's research with you, community groups and housing associations in your area. In turn I share communities' views of the research with GoWell. If you would like to find out more or get involved, please get in touch - contact details are on the reverse.

*Best wishes,
Cat*

GoWell's planned final **survey** got under way across your communities this summer and is expected to be complete in the coming weeks. **Thank you** to the hundreds of residents who have taken part in the survey so far. We will keep you updated about the survey findings. For those of you still to be surveyed, the GoWell survey is a chance for **you** and your **neighbours** to have your say about:



Changes to your home
– inside and out



Changes in your neighbourhood



Your health – physical and mental

**What you think and feel about
your community**



What is GoWell?

GoWell is a ten-year research and learning programme that aims to find out from local people what they think of the efforts to improve their area and if this has an impact on their health and wellbeing. We have conducted surveys in your area already between 2006 and 2011. A planned final survey is being conducted this year. These surveys help us understand:

- what changes have taken place
- whether things have got better or worse
- and what changes are important to residents.

GoWell's survey findings are already being used by local communities, Glasgow Housing Association and other Registered Social Landlords, NHS Greater Glasgow and Clyde and Glasgow City Council to help to improve services and regeneration efforts both now and in the future.

As well as conducting surveys, GoWell also monitors regeneration and health changes across this city by keeping in touch with local organisations. Here is some of the latest local news:

Sighthill saw 141 new homes completed in September for Glasgow Housing Association. If you have moved into one of these homes, welcome to the GoWell newsletter! If you already live in the area, here is some more information about the new homes in your neighbourhood.



The new properties were designed by Collective Architecture and built by CCG for GHA. The new homes include a mix of three- and four-storey flats and two-storey terraced housing for GHA tenants. Current new builds are built to high quality standards. They benefit from thermostats which help save on energy consumption and cost. Each tenant can benefit from a fuel advice home visit with tips, hints and other energy advice.

Sighthill is an area that has been identified as a priority for regeneration by Transforming Communities: Glasgow (TCG). TCG is a partnership between GHA, Glasgow City Council and the Scottish Government to deliver 500 new homes to eight high priority areas in Glasgow, including Sighthill.



CCG explain how this project is designed to benefit the community:

“£14,100 was spread amongst the local community which included contributions to some of the local schools (donating of teaching materials, digital equipment to St Stephen’s and St Kevin’s

Primary School as well as contributing to an in-house pantomime and carol singing event) and essential flooring and repair work to the K.A.T.S Community centre.”

Alongside the building work, new community projects are springing up and need you! Here are two such projects:

- Sighthill- Plant-grow-play-gather. This GHA-funded project will work with Sighthill Youth Project to establish a moveable space to grow plants, flowers, and food to cook and share, providing a gathering culture and a focus for local residents during Sighthill’s transition.
- A cultural and arts programme will establish a green space to support community cohesion and growing. The green growing space will be supported by a gardener, community development worker and artists working with the community to plant, grow and harvest flowers and food; and linking arts, celebration and education events to the growing / harvest calendar.

For more information about these projects, contact Dermot Lynch, GHA Better Lives Officer on **0141 274 5699** or dermot.lynch@gha.org.uk



GoWell is a collaborative partnership between the Glasgow Centre for Population Health, the University of Glasgow’s Department of Urban Studies and the MRC/CSO Social and Public Health Sciences Unit, sponsored by Glasgow Housing Association, the Scottish Government, NHS Health Scotland and NHS Greater Glasgow and Clyde.

For more information on GoWell, please contact: Cat Tabbner, Glasgow Centre for Population Health, 3rd Floor, Olympia Building, Bridgeton Cross, Glasgow, G40 2QH

Email: catherine.tabbner@glasgow.ac.uk | Phone: 0141 330 2747 Or visit our website at: www.gowellonline.com

All the personal information we collect is completely confidential and anonymous and is not shared with anyone outside the research team.

