



## Welcome to the Autumn edition of the GoWell newsletter!



My name is Cat and I am GoWell's community engagement manager.

I'm here to

share GoWell's research with you, community groups and housing associations in your area. In turn I share communities' views of the research with GoWell. If you would like to find out more or get involved, please get in touch - contact details are on the reverse.

*Best wishes,  
Cat*

GoWell's planned final **survey** got under way across your communities this summer and is expected to be complete in the coming weeks. **Thank you** to the hundreds of residents who have taken part in the survey so far. We will keep you updated about the survey findings. For those of you still to be surveyed, the GoWell survey is a chance for **you** and your **neighbours** to have your say about:



**Changes to your home**  
– inside and out



**Changes in your neighbourhood**



**Your health – physical and mental**

**What you think and feel about  
your community**



### What is GoWell?

GoWell is a ten-year research and learning programme that aims to find out from local people what they think of the efforts to improve their area and if this has an impact on their health and wellbeing. We have conducted surveys in your area already between 2006 and 2011. A planned final survey is being conducted this year. These surveys help us understand:

- what changes have taken place
- whether things have got better or worse
- and what changes are important to residents.

GoWell's survey findings are already being used by local communities, Glasgow Housing Association and other Registered Social Landlords, NHS Greater Glasgow and Clyde and Glasgow City Council to help to improve services and regeneration efforts both now and in the future.

As well as conducting surveys, GoWell also monitors regeneration and health changes across this city by keeping in touch with local organisations. Here is some of the latest local news:

The new builds at Kingsway Court is a project by Glasgow Housing Association in partnership with McTaggart Construction and Cooper Cromar (architect). This project has 116 units that provide one- and two-bedroom flats and two-, three- and four-bedroom houses. Included in this are seven one- and two-bedroom wheelchair-accessible properties.



Credit: McTaggart Construction

These properties are being built to replace the two multi storey blocks that used to be at 10 and 20 Kingsway Court and which were demolished in 2012-13. The project is split into 2 phases. Phase 1 homes are due to be handed to GHA in November 2015. Phase 2 homes, the majority of the properties, will be handed back to GHA February - April 2016. In the first instance the homes will be for GHA tenants who are being displaced as part of regeneration efforts. A small number of the tenants from the old 10 and 20 blocks will also be rehoused here. These tenants have been housed in temporary properties while waiting for the new build to complete. The remainder of the properties will be allocated to existing GHA tenants who have a need to move.

The properties all have gas central heating, double glazing and are extremely energy efficient meaning warm, comfortable homes for those who move to this development. A popular local amenity right next to the new homes is the Kingsway Court Health and Wellbeing Centre who are based at the bottom of 50 Kingsway Court. They are a local charity set up and managed by residents to provide help and support to Kingsway Court residents with all aspects of daily life.



Credit: McTaggart Construction

To find out more about Kingsway Court Health and Wellbeing Centre, pop over to see the team at the bottom of 50 Kingsway Court.

You can also call the centre on **0141 959 0129** or email [info@kingswayhealth.co.uk](mailto:info@kingswayhealth.co.uk). Their website: [www.kingswayhealth.co.uk](http://www.kingswayhealth.co.uk)

GoWell is a collaborative partnership between the Glasgow Centre for Population Health, the University of Glasgow's Department of Urban Studies and the MRC/CSO Social and Public Health Sciences Unit, sponsored by Glasgow Housing Association, the Scottish Government, NHS Health Scotland and NHS Greater Glasgow and Clyde.

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All the personal information we collect is completely confidential and anonymous and is not shared with anyone outside the research team.

