



Welcome to the Autumn edition of the GoWell newsletter!



My name is Cat and I am GoWell's community engagement manager.

I'm here to

share GoWell's research with you, community groups and housing associations in your area. In turn I share communities' views of the research with GoWell. If you would like to find out more or get involved, please get in touch - contact details are on the reverse.

*Best wishes,
Cat*

GoWell's planned final **survey** got under way across your communities this summer and is expected to be complete in the coming weeks. **Thank you** to the hundreds of residents who have taken part in the survey so far. We will keep you updated about the survey findings. For those of you still to be surveyed, the GoWell survey is a chance for **you** and your **neighbours** to have your say about:



Changes to your home
– inside and out



Changes in your neighbourhood

Your health – physical and mental

**What you think and feel about
your community**



What is GoWell?

GoWell is a ten-year research and learning programme that aims to find out from local people what they think of the efforts to improve their area and if this has an impact on their health and wellbeing. We have conducted surveys in your area already between 2006 and 2011. A planned final survey is being conducted this year. These surveys help us understand:

- what changes have taken place
- whether things have got better or worse
- and what changes are important to residents.

GoWell's survey findings are already being used by local communities, Glasgow Housing Association and other Registered Social Landlords, NHS Greater Glasgow and Clyde and Glasgow City Council to help to improve services and regeneration efforts both now and in the future.

As well as conducting surveys, GoWell also monitors regeneration and health changes across this city by keeping in touch with local organisations. Here is some of the latest local news:

New Pollokshaws Community Hub

The Pollokshaws Community Hub was officially opened on 21 August. The Hub is on the site of the former Shawbridge Nursey at 132 Shawbridge Street, which sits within the community garden. This new initiative is led by Pollokshaws Area Network with support from GHA and Glasgow City Council.



From left: Fiona Ferguson (Coordinator of Pollokshaws Area Network), Bailie Josephine Docherty, Peter Bole (Chair of Pollokshaws Area Network) and Stewart McDonald MP.

Photos below show the building before and after the recent work which has transformed the site into a warm and welcoming community hub.

Before



After: external



After: internal



Photo credit: Pollokshaws Area Network



Photo credit: Auldhouse Community Church

“Located in the heart of Pollokshaws, I feel the Pollokshaws Community Hub is a great boost to this area, which is currently being regenerated. The photo on the left shows the location of the Hub – the high rises in the background have been demolished by GHA. Working in partnership with Pollokshaws Area Network is so valuable and really benefits residents in the area. The Hub will provide the G43 area with much needed resources and activities such as: free courses, local information, IT equipment and free wifi.”
Julie-Ann McGlinchey, Community Officer, GHA

There are lots of activities every day at the Pollokshaws Community Hub and Garden, from IT to a choir to gardening.

To find out more, simply drop by or contact Fiona Ferguson (Co-ordinator of Pollokshaws Area Network) on: **0141 649 9422** and by email at: pan132@btconnect.com.

Or visit the website at www.pollokshawsareanetwork.co.uk



Photo credit: Pollokshaws Area Network

GoWell is a collaborative partnership between the Glasgow Centre for Population Health, the University of Glasgow's Department of Urban Studies and the MRC/CSO Social and Public Health Sciences Unit, sponsored by Glasgow Housing Association, the Scottish Government, NHS Health Scotland and NHS Greater Glasgow and Clyde.

For more information on GoWell, please contact: Cat Tabbner, Glasgow Centre for Population Health, 3rd Floor, Olympia Building, Bridgeton Cross, Glasgow, G40 2QH

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All the personal information we collect is completely confidential and anonymous and is not shared with anyone outside the research team.

