



Carntyne & Riddrie

Winter 2015

Welcome!



Welcome to the winter edition of the GoWell newsletter for Carntyne and Riddrie. My name is Cat and I have joined the GoWell team as community engagement manager. You may see me out and about in your neighbourhood and the back page explains why GoWell engages with communities. Thank you very much to the local groups who have opened their doors to me and I'm looking forward to continue getting to know your neighbourhood.



2014 saw the Commonwealth Games come to Glasgow. Athletes from 71 nations competed in our city. Community groups and residents across the GoWell areas organised all kinds of summer activities and events in their neighbourhoods, showing support. This newsletter celebrates these activities and what they meant for communities in GoWell areas.

For this edition, I'm especially delighted to welcome Glasgow Life, Bolt FM and St Enoch's Hogganfield Church. On page 3 you will see their excellent photos and accounts about their celebrations of the Commonwealth Games in your area and what residents got up to over the summer. You will see their contact details too - get in touch with them to find out about future activities!

Remember, your participation makes this research possible. "Thank you!" to those who have taken part in the GoWell surveys so far. I welcome your thoughts or any comments you may have - such as what you like, or what we could do better. I'm looking forward to hearing from you!

Best wishes,

Cat Tabbner
Community Engagement Manager

What is GoWell?

GoWell is a ten-year research and learning programme that aims to find out from local people what they think of the efforts to improve their area and if this has an impact on their health and wellbeing. We have conducted three surveys in your area already in 2006, 2008 and 2011. A fourth survey will be conducted next year. These surveys help us understand:

- what changes have taken place
- whether things have got better or worse
- and what changes are important to residents.

GoWell's survey findings are already being used by local communities, Glasgow Housing Association, other Registered Social Landlords, NHS Greater Glasgow and Clyde and Glasgow City Council to help to improve services and regeneration efforts both now and in the future.

Inside

**Commonwealth Games
came to Glasgow!
Check out page 3**

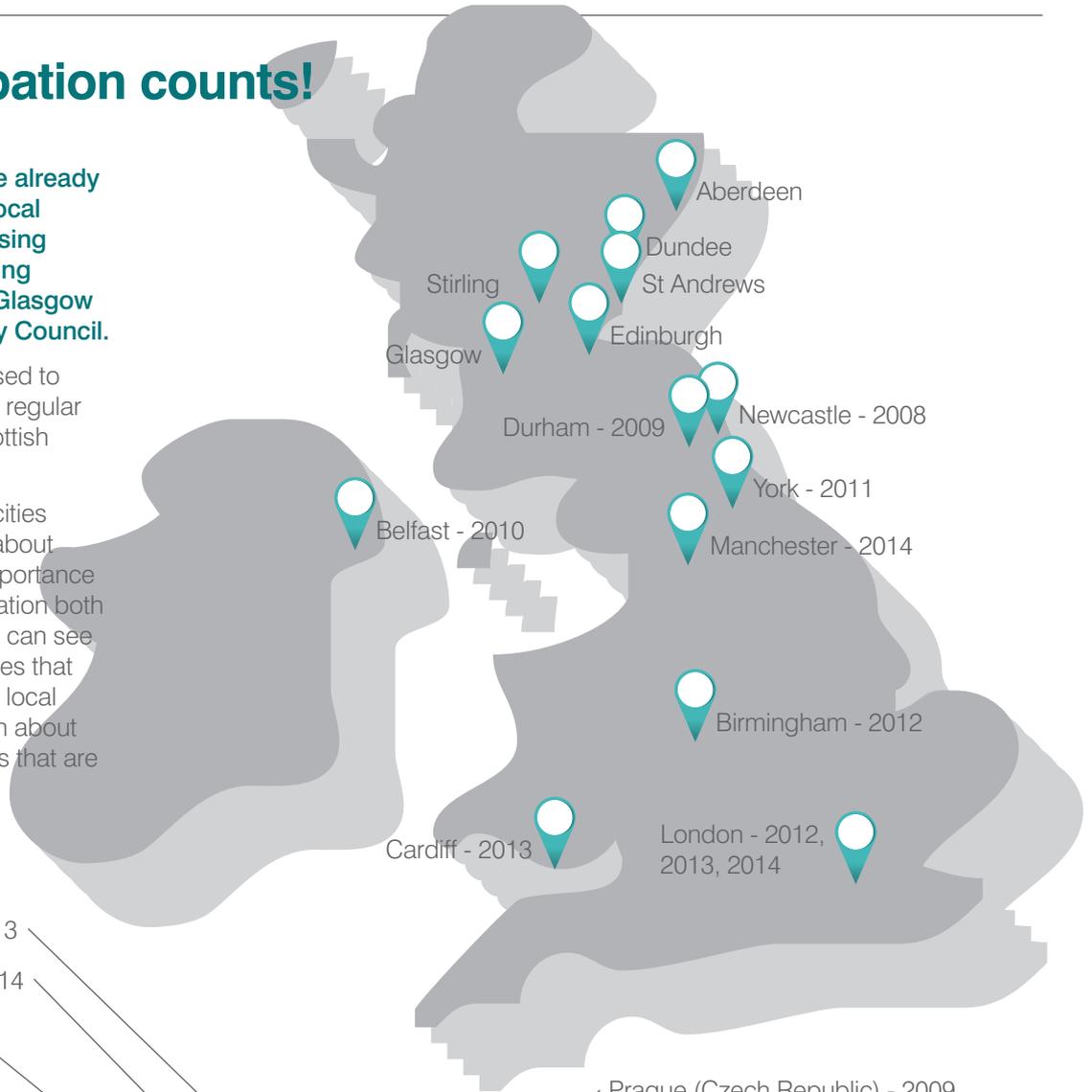


YOUR participation counts!

GoWell's survey findings are already being used in Glasgow by local communities, Glasgow Housing Association and other housing associations, NHS Greater Glasgow and Clyde and Glasgow City Council.

The findings are also being used to inform national policy through regular feedback and briefings to Scottish Government.

The map below shows other cities that have also been learning about GoWell. This highlights the importance of quality research to regeneration both locally and internationally. You can see that your views and experiences that you share with GoWell enable local and international cities to learn about housing regeneration changes that are important to residents.



Copenhagen (Denmark) - 2013

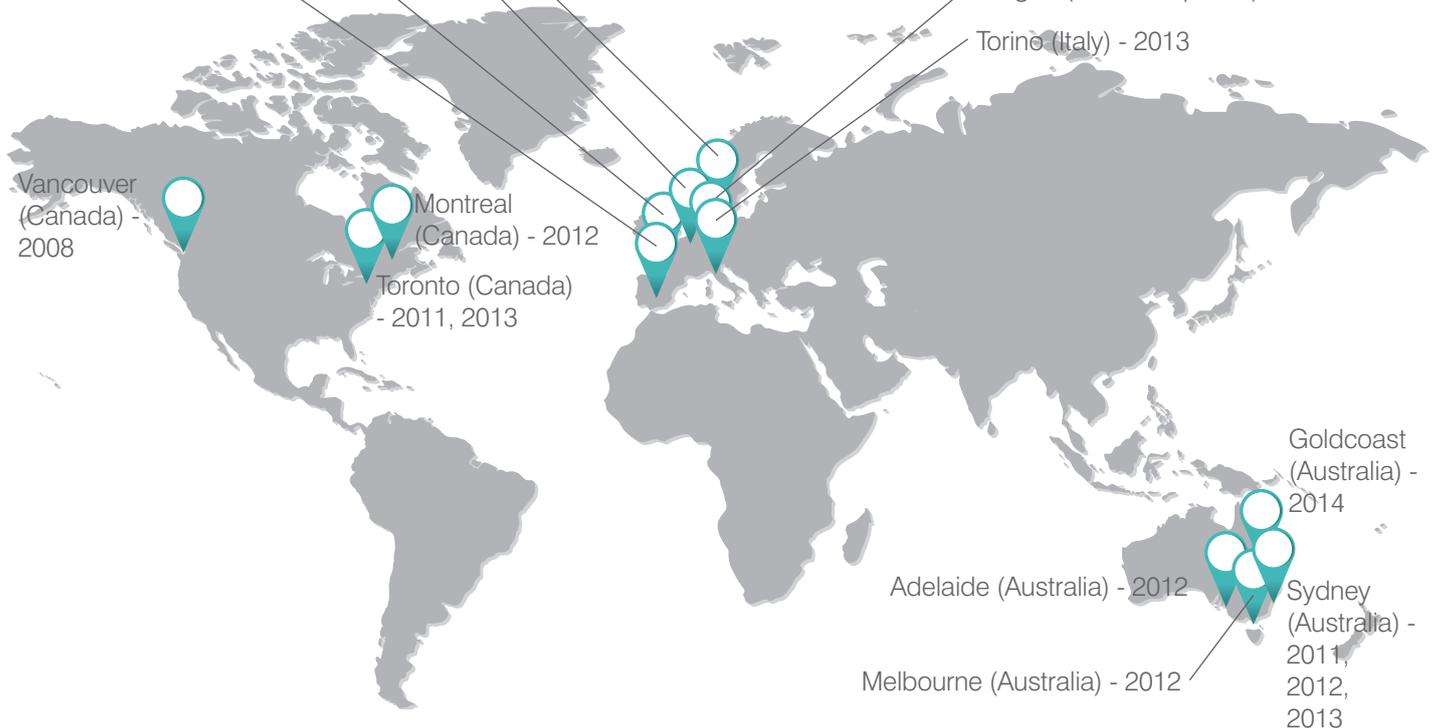
Delft (Netherlands) - 2010, 2014

Toulouse (France) - 2011

Madrid (Spain) - 2009

Prague (Czech Republic) - 2009

Torino (Italy) - 2013





During the Commonwealth Games, Bolt FM broadcast live from the side of the road at St Enoch's Church garden so we could witness the women's and men's time trial cycling which went through the East End of Glasgow.

Bolt FM's Aidan acted as a roving reporter and spoke with some of the spectators who were enjoying the cycling, which you can listen to again on the Bolt FM website (www.boltfm.co.uk). Bolt FM works with young people in 5 different communities across the North and East of Glasgow.

We give young people the opportunity to learn how to broadcast and make their own shows.

To find out more, contact us at neil@boltfm.co.uk.

Also during the summer, many community groups met at St Enoch's Hogganfield Church. In fact, coffee mornings, Guild, lunch clubs, parent and toddler groups, and many other community-run groups are always happy to welcome new faces at St Enoch's Hogganfield Church in Riddrie – come along!

We are involved as part of the Provan Churches Parish Grouping, in working together with St Paul's and St Andrews East, all Church of Scotland congregations, to encourage the local community to be part of any or all of the activities which take place in our local churches and halls, as well as Sunday worship.

We also think outside the box, as the churches in the grouping are involved in local radio Bolt FM, a laundrette, Junction 12, food banks and we even have plans for "messy church"!

We are also happy to take part in the Riddrie-Carntyne "Tackling Sectarianism Together" project, which is developing various ecumenical activities, some of which is already in place between St Thomas's RC Church and St Enoch's Hogganfield. Each year we enjoy several joint Bible studies, and attend each others' services. Winter gatherings included a joint ceilidh on 28th November at St Thomas's, as well as a shared Christingle and Carol service at St Enoch's on 14th December.

All these events are open to the local community, so please feel very welcome to come along and make new friends.

To find out more, contact us on 0141 770 5694. You can find us at 860 Cumbernauld Road, G33 2QW, www.stenochshogganfield.org.uk.



GoWell needs YOU and your COMMUNITY!

GoWell's results are about you and your neighbours. Many of you have taken part in GoWell's surveys and studies. You have told us your experiences and opinions of housing regeneration and your health.

I'm here to share GoWell's survey results with you and with community groups and housing associations in your area. In turn, I will share communities' views of the results with the GoWell team. All of your survey answers are confidential and we only share the results for your neighbourhood so that communities can understand the impact that housing regeneration is having on peoples' health.

Why do we do this? GoWell's research is helpful to community groups, giving them local information that they can use to do what they do best – working with your community to shape your future. Watch this space for newsletter updates and please do contact me if you would like more information. If you don't belong to a community group, then you can still get in touch to find out more about GoWell and share your views.

Are there survey results that you especially wish to know about? If so, get in touch! For example, you and your neighbours have answered questions about:

- changes to your home – both inside and out
- changes in your neighbourhood
- your health – physical and mental
- what you think and feel about your community.

Do you have questions you would like to ask about the surveys? Do you belong to a community group that would like to feature in the newsletter? Get in touch! I'd be very happy to hear from you.

Call me on 0141 287 6953 or email me at catherine.tabbner@drs.glasgow.gov.uk.



GoWell is a collaborative partnership between the Glasgow Centre for Population Health, the University of Glasgow and the MRC/CSO Social and Public Health Sciences Unit, sponsored by Glasgow Housing Association, the Scottish Government, NHS Health Scotland and NHS Greater Glasgow and Clyde.

For more information on GoWell, please contact:

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Or visit our website at: www.gowellonline.com

All the personal information we collect is completely confidential and anonymous and is not shared with anyone outside the research team.

