



GLASGOW COMMUNITY  
HEALTH AND WELLBEING  
RESEARCH AND LEARNING  
PROGRAMME



**Welcome to the latest findings edition of the GoWell newsletter. Last summer our researchers visited Carntyne and asked local residents to take part in a very important health, housing and regeneration study called GoWell.**

Since then 345 Carntyne residents have very generously given their time and have completed survey interviews with our researchers, along with about 6000 other households in 14 different communities across Glasgow.

The GoWell team would like to use this newsletter to share with you and your community some of the key findings for your area. We will send you further newsletters in the future to keep you up to date with all we have found out.

Meanwhile, we would like to thank you and your community for taking part in GoWell. Without your help this study would not be possible.

With best wishes  
The GoWell team

### The key findings

Last year our researchers spoke to nearly 350 residents from Carntyne in the first of four surveys that will cover a period of 10 years. From these residents we learned that...

- Residents tend to be positive about their homes and neighbourhood.
- Half the adult residents are employed and a sixth of residents sometimes struggle with their finances.
- Most residents think this area is relatively free from anti-social behaviour and crime (although there are exceptions - see next point).
- However, there is concern about problems associated young people, vandalism, and gangs.
- Most residents do not consider banks, childcare and youth and leisure services to be good in their area, but other local services are rated highly.
- Self-reported health in Carntyne is relatively poor.



## IT'S ALL ABOUT YOU, YOUR FAMILY AND YOUR COMMUNITY

### Why is the GoWell team interested in studying Carntyne?

Dr Matt Egan – Researcher



The GoWell researchers and I are interested in Carntyne because it is part of a multi-million pound community regeneration programme currently taking place in Glasgow

Regeneration might involve both internal and external improvements to people's homes – and attempts to support communities with improved services and amenities.

These activities provide the GoWell team with an opportunity to find out from local residents if and how their health and lives are changed as a result of investment in regeneration.



## About your home, health and community

### What kind of people live in your area?

Carntyne is dominated by four-in-a-blocks and houses, but there is also a sizable minority (**nearly 30%**) of tenement flats amongst the households in our study. It also contains homes of non-traditional construction called wingets. Because these wingets are being treated as a special case by housing planners we have not focused our survey on these.

**Just under half** the residents from our survey are home owners. The rest rent, in most cases from a housing association.

Your neighbourhood is well represented by both young and elderly members of the community. **Over 40%** of the households contain children and **nearly a quarter** contain pensioners. **Three quarters** of the residents also live with at least one other adult.

The area is not very ethnically diverse. **Ninety-nine percent** of participants described themselves as 'white Scottish'.

### Money and jobs

**Around half** the adult residents of Carntyne are employed, and a further **7%** are involved in some other form of economic activity (e.g. training etc).

**Few** Carntyne residents say they earn more than Glasgow's average income but many prefer not to give details of their income. **Most** residents (**84%**) do not report experiencing problems meeting the necessary costs to pay their bills. However, tenants are nearly three times more likely to have problems paying bills than homeowners.

### Your general health

Generally speaking, population health is usually better in richer areas and poorer in neighbourhoods experiencing deprivation. In Carntyne only **one in two** residents describe their health over the past 12 months as good – compared to **two thirds** of the Scottish population reporting good health in the last census.

Age-related illnesses may explain some of the health problems. The lowest health scores tended to come from pensioner households, where only 1 in 4 report good health over the previous year. Self-reported health also tends to be better in the tenement flats (69% good) compared to the four-in-a-blocks (41%), and amongst the working residents (80% good).

### Anti-social behaviour problems in your area

**Most** residents do not consider burglaries, racism, sectarianism, harassment, violent assault, burnt out cars and noisy or problem neighbours to be serious issues affecting their neighbourhood. In each case, **more than 8 out of 10** residents said these were not a problem.

Drink and drugs in your area concern more of the residents but the issue that appears to most concern members of your neighbourhood is anti-social behaviour from youths. Only **43%** of residents say that they do not think this is a problem. Vandalism and gangs are also more likely to be considered problematic by the people we surveyed.

Tenants consistently express greater concern about anti-social behaviour in this area than homeowners.

In short, people in your area do appear to be affected by anti-social behaviour, but the majority of residents take a positive view of most issues.

### Satisfaction

**Over 80%** of residents from Carntyne are satisfied with their home and their neighbourhood as a place to live. A **third** say that some work is needed to improve their homes, and **3%** say major work is required. Nonetheless, **most** residents say their home is fine as it is.

**Few** residents describe local services and amenities as poor. Rubbish collection is the top rated service, with **91%** describing it as good or fairly good. Transport, health centres, and shops are also highly rated by around **two thirds** of residents (and at times more). Residents tend to be less enthusiastic about local policing (only **51%** rated this as good) and schools (**55%**).

The worst rated local services for your area are banks, childcare/nurseries and youth and leisure services. **Less than a third** of residents described these as good.

On the whole Carntyne residents are generally positive about their neighbourhood and community, but many still want to see improvements.





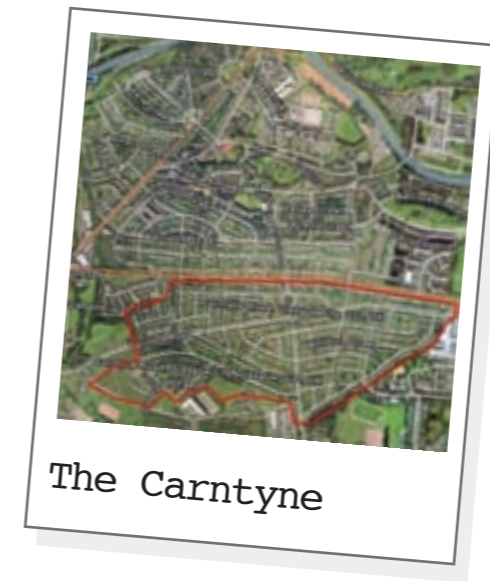
## About the study

GoWell is conducted by an independent team of researchers. Over the next 10 years we will inform residents and housing planners about the impacts of neighbourhood changes across Glasgow.

GoWell asks people about health, housing, neighbourhood and community issues. Three fifths of the Carntyne residents we contacted responded.

Some could not be contacted or chose not to take part. They might have their own story to tell, but we can tell lots about your neighbourhood by looking at the many residents who did participate.

Our next steps include further resident contacts, and analysis of more information to fill knowledge gaps about what people want from community regeneration and to find out what your top concerns are.



## The GoWell team

### About us, the GoWell team

The principal investigators who designed and are leading the GoWell programme are:



**Phil Hanlon**  
Professor of Public Health, based at the University of Glasgow.



**Ade Kearns**  
Professor of Urban Studies, based at the University of Glasgow.



**Mark Petticrew**  
Associate Director, Medical Research Council Social and Public Health Sciences Unit, based at the University of Glasgow



**Carol Tannahill**  
Director, the Glasgow Centre for Population Health.

The GoWell team is also made up of a core group of staff, comprising our Researchers, a Communications Manager and a Programme Administrator. These members of the team will introduce themselves to you in the next issue of the newsletter.

## The GoWell website

To help to keep you and your community fully informed of all GoWell progress and developments we have created a GoWell website. The purpose of the GoWell website is to provide the people taking part in GoWell, their communities and others interested in GoWell with a way of obtaining information about the findings directly from the GoWell team. The site contains links to the latest GoWell news, findings and events. If you would like to find out more please visit: [www.gowellonline.com](http://www.gowellonline.com)

## What do you think?

We would like to know what you think. Send your views to: [yvonne.christley@drs.glasgow.gov.uk](mailto:yvonne.christley@drs.glasgow.gov.uk) or telephone us on 0141 221 9439

### GoWell

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