



GLASGOW COMMUNITY
HEALTH AND WELLBEING
RESEARCH AND LEARNING
PROGRAMME

GORBALS RIVERSIDE



Welcome to the latest edition of the Gorbals Riverside GoWell newsletter. You may remember receiving our last newsletter earlier this year in which we told you about general progress for the GoWell programme and what we had planned for this year.

For those of you who are unfamiliar with GoWell, it is a ten year programme looking at the impacts of housing and neighbourhood regeneration on the health and wellbeing of communities. One of the ways we do this is through our survey of residents. Our first survey was in 2006 and we have already circulated newsletters with the findings from that. We completed our second survey in August 2008 and we are planning to carry out another two in 2011 and 2013. Over time this will give us a picture of how regeneration is affecting residents like yourself. What are the important changes? Have things got better or worse – and for whom? These findings will be used to help planners improve services and regeneration in your area and elsewhere in the future.

Many of you who read this may have taken part in one or both of our surveys. To those of you who did take part, once again we thank you very much for your time.

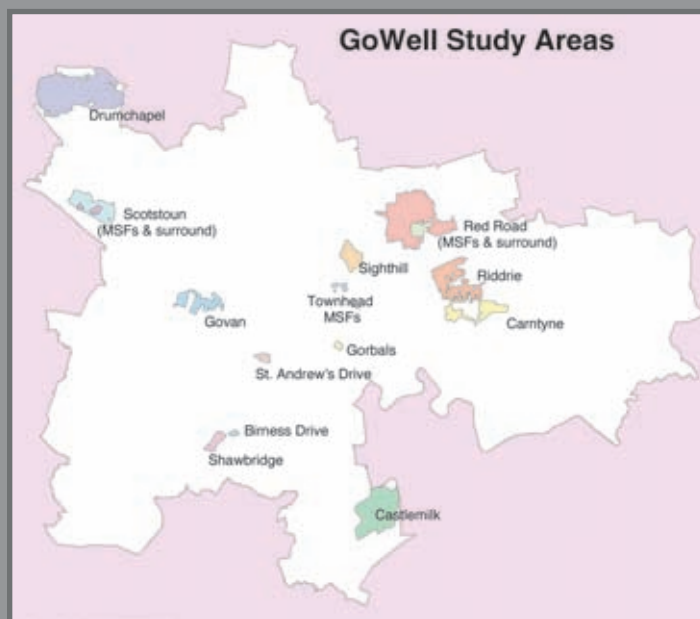
You live in one of the areas of Glasgow that is experiencing some of the biggest changes – so **we are especially interested in hearing from you and your neighbours in Gorbals Riverside**. In our future surveys we'd like to revisit as many of you as possible who have already taken part in GoWell. That includes people who remain in Gorbals Riverside and the people who move on. Wherever you are, we'd like to understand how things have changed for you over time and whether the regeneration of Gorbals Riverside has affected you.

For this reason we have included a contact details postcard and we would greatly appreciate it if you could complete and return this freepost card. **We will enter your returned card into a prize draw** for the chance to win first prize of £150, second prize of £50 or third prize of £30 in supermarket vouchers.

Since our last newsletter we have been comparing what residents told us in our most recent survey in 2008 with what they told us back in 2006. We are pleased to provide you with a summary of this. As you will see, some issues have remained much the same, some have improved, while others have got worse. We hope they will be of interest to you.



WHO'S INCLUDED?



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There are 15 different areas in Glasgow included in our study – one of which is Gorbals Riverside, as shown on the above map.



KEY FINDINGS

171 Gorbals Riverside residents took part in the first survey in 2006 and 194 took part in the second one in 2008.

- Most people in Gorbals Riverside say they are satisfied with their **homes** (87% in 2008) and the proportion 'very satisfied' increased from 4% in 2006 to 19% in 2008.
- Most people are also satisfied with the **neighbourhood** as a place to live – 80% in 2008. Again there is an increase in the proportion saying they are 'very satisfied' with the neighbourhood from 4% in 2006 to 13% in 2008.
- Some of the **public services and amenities** in and around the neighbourhood are seen to have improved. For example, the number of people who rated childcare or nurseries as 'good' increased from 60% in 2006 to 72% in 2008; and ratings for parks/open spaces rose from 49% in 2006 to 68% in 2008.
- However, others are seen to have got worse, for example, only 25% of people rated children's play areas as 'good' in 2008 compared to 36% in 2006; and similarly ratings for local shops fell from 57% of people saying they were good in 2006 to 46% in 2008.
- **Antisocial behaviour** is seen to have gotten worse and over half of all respondents felt that people using or dealing drugs; people being drunk or rowdy in public places; gang activity; and teenagers hanging around on the street are a 'serious problem' in the area.

- Feelings of **safety** at night-time seem to have declined. In 2006, only 3% of people said they either felt very unsafe or never walk alone after dark but this had risen to 32% of people feeling this way in 2008.
- When asked whether they felt the **reputation** of Gorbals Riverside had changed over the past two years: 44% felt it had stayed the same; 27% felt it had got better; while 30% felt it had got worse.
- On a more positive note, many more people now feel that **people from different backgrounds** in the area get on well together. This increased from 55% in 2006 to 94% in 2008.
- Many more people feel like they can **have a say in decisions** that affect them. For example, the number of people who feel their landlord or factor takes account of residents' views when making decisions increased from 37% in 2006 to 76% in 2008. More people also feel that either on their own or with others they can **influence decisions** affecting the local area – from 36% in 2006 to 65% in 2008.
- **Smoking** appears to be falling with 47% of people saying they smoke in 2008, compared to 52% in 2006.
- **Self-reported health** has fallen very slightly but still remains high with 71% of people saying their health is excellent or good in 2008. This figure was 78% in 2006.



WHAT NEXT:

Over the coming year we will send you a series of newsletters, each of which will focus on a particular issue and provide you with the survey responses for that issue in more detail.

In addition to sharing the survey findings with you and your neighbours through this newsletter, we're offering presentations to local stakeholders and service providers such as local housing organisations, community planning partnerships, and community health and care partnerships. If you belong to a community group that would be interested in hearing a presentation and discussion of the findings for Gorbals Riverside please contact Jennie Coyle on the details below.



All the personal information we collect is completely confidential and anonymous and is not shared with anyone outside the research team.

For more information on GoWell contact:

Jennie Coyle, Glasgow Centre for Population Health,

1st Floor | SHouse 6 | 94 Elmbank Street | Glasgow, G2 4DL

Email: jennie.coyle@drs.glasgow.gov.uk | Phone: 0141 287 6268

Or visit our website at: www.gowellonline.com



GoWell is a collaborative partnership between the Glasgow Centre for Population Health, the University of Glasgow and the MRC Social and Public Health Sciences Unit, sponsored by Glasgow Housing Association, the Scottish Government, NHS Health Scotland and NHS Greater Glasgow & Clyde.