



GLASGOW COMMUNITY
HEALTH AND WELLBEING
RESEARCH AND LEARNING
PROGRAMME

CASTLEMILK



Welcome to the latest edition of the Castlemilk GoWell newsletter. You may remember receiving our last newsletter earlier this year in which we told you about general progress for the GoWell programme and what we had planned for this year. This newsletter outlines what residents told us has changed about living in your neighbourhood since 2006.

For those of you who are unfamiliar with GoWell, it is a ten year programme looking at the impacts of housing and neighbourhood regeneration on the health and wellbeing of communities. One of the ways we do this is through our survey of residents.

Our first survey was in 2006 and we have already circulated newsletters with the findings from that. We completed our second survey in August 2008 and we are planning to carry out another two in 2011 and 2013. Over time this will give us a picture of how regeneration is affecting residents like yourself. What are the important changes? Have things got better or worse – and for whom? These findings will be used to help planners improve services and regeneration in your area and elsewhere in the future.

Many of you who read this may have taken part in one or both of our surveys. To those of you who did take part, once again we thank you very much for your time.

Since our last newsletter we have been comparing what residents told us in our most recent survey in 2008 with what they told us back in 2006. We are pleased to provide you with a summary of this. As you will see, some issues have remained much the same, some have improved, while others have got worse. We hope they will be of interest to you.



WHO'S INCLUDED?



© Crown Copyright. All rights reserved. Glasgow City Council, 100023379, 2009.

There are 15 different areas in Glasgow included in our study – one of which is Castlemilk.

The GoWell study is focussed on the eastern half of Castlemilk as shown on the map.



KEY FINDINGS

706 Castlemilk residents took part in the first survey in 2006 and 484 took part in the second one in 2008.

- Most people say they are satisfied with their **homes** (93% in 2008) and the proportion saying they are 'very satisfied' has increased from 14% in 2006 to 32% in 2008.
- Most people are also satisfied with the **neighbourhood** as a place to live – 85% in 2008. Again there is an increase in the proportion saying they are 'very satisfied' with the neighbourhood from 9% in 2006 to 28% in 2008.
- More people think that the **public services and amenities** in Castlemilk are good. For example, the number of people who rated childcare or nurseries as 'good' increased from 54% in 2006 to 72% in 2008; ratings for parks/open spaces rose from 53% in 2006 to 59% in 2008; and ratings for shops rose from 63% in 2006 to 73% in 2008.
- We asked some questions about whether **anti-social behaviour** issues were a problem in Castlemilk. The three most 'serious' problems in Castlemilk are considered to be: teenagers hanging around on the street; rubbish or litter lying around; and people being drunk or rowdy in public places.
- Feelings of **safety** at night-time seem to have got worse. In 2006, 4% of people said they either felt very unsafe or never walk alone after dark but 25% of people felt this way in 2008.
- When asked whether they felt the **reputation** of Castlemilk had changed over the past two years, 53% felt it had

stayed the same; 34% felt it had got better; and a smaller number – 14% – felt it had got worse.

- There is a strong **sense of belonging** in Castlemilk, with 89% of people saying they feel they belong to the neighbourhood. This is a slight increase from 85% in 2006.
- There is also a strong feeling that Castlemilk is a place where **people from different backgrounds** get on well together, with 91% of people saying this in 2008 – a slight increase from 89% in 2006.
- Many more people feel like they can **have a say in decisions** that affect them. For example, the number of people who feel their landlord or factor takes account of residents' views when making decisions increased from 56% in 2006 to 73% in 2008. More people also feel that either on their own or with others they **can influence decisions** affecting the local area – from 38% in 2006 to 56% in 2008.
- Self-reported **health** has decreased slightly, with 74% of people saying their health is either excellent or good in 2008, compared to 81% in 2006.
- Rates of **smoking** have fallen slightly from 49% in 2006 to 44% in 2008



WHAT NEXT:



Over the coming year we will send you a series of newsletters, each of which will focus on a particular issue and provide you with the survey responses for that issue in more detail.

In addition to sharing the survey findings with you and your neighbours through this newsletter, we're offering presentations to local stakeholders and service providers such as local housing organisations, community planning partnerships, and community health and care partnerships. If you belong to a community group that would be interested in hearing a presentation and discussion of the findings for Castlemilk please contact Jennie Coyle on the details below.

All the personal information we collect is completely confidential and anonymous and is not shared with anyone outside the research team.

For more information on GoWell contact:

Jennie Coyle, Glasgow Centre for Population Health,
1st Floor | House 6 | 94 Elmbank Street | Glasgow, G2 4DL

Email: jennie.coyle@drs.glasgow.gov.uk | Phone: 0141 287 6268

Or visit our website at: www.gowellonline.com



GoWell is a collaborative partnership between the Glasgow Centre for Population Health, the University of Glasgow and the MRC Social and Public Health Sciences Unit, sponsored by Glasgow Housing Association, the Scottish Government, NHS Health Scotland and NHS Greater Glasgow & Clyde.